

Our next meetings...
Aug 10 & 24
Sept 14 & 28
Oct 12 & 26
Nov 9 & 23

Manhattan Chapter Newsletter

August 2021

Anniversaries by Marie Levine

Seems that all of my civilian life, anniversaries were happy milestones. Matter of fact, there were two major celebrations ...a dinner and/or a present. Those were such simple times.

Now I'm in a very different place. Anniversaries are so momentous and so dreaded. They conjure up such a collection of mixed emotions. I spend so much energy bracing myself for each joyless anniversary. And then I relive everything. For days before, I remember. He was alive, I think. On the day before I relive each hour. On the anniversary date, every painful minute becomes a flashback of details. The day after, it continues and for practically a whole week I am brought to tears as wave after wave of despair overcomes me. The flood eventually subsides. Floods always do.

I write this having just returned from my compassionate friends meeting. I realized as we went around the circle, that I had been absent for several meetings and that there were many newly bereaved parents attending. I thought back to my first few months and my bewilderment as parent after aren't declared the loss of their child...one year ago, two years ago, three years ago... so much agony...so many painful anniversaries. And I remember thinking back then at my own beginning and I listened to those who had endured three months, one year, two years, five years..."how did they do it?" They're different from me...they survived to be over it"!" What a confused jumble of thoughts and emotions. If only I could fast forward all these newly bereaved parents to where have come today. It's more manageable now. I want to whisk them into the future. And then I think maybe that's what Peter thinks now.

(cont'd page 3)

Summer Thoughts by Libby Gonzales

Summer is a time when things naturally slow down, a time when many are waiting for the orderly routine of their lives to begin again. For those of us in grief whose lives are already in limbo, it can seem endless if we let it. Seeing children, babies and teenagers is not easy for us, and we see them everywhere from shopping centers to beaches. Everyone is out living, loving, enjoying carefree activities with their children, and we want to scream, "It's not fair!" I was sitting on my patio on evening at dusk recently listing to the shouts of children playing, and I was crying as I remembered the sounds that my child used to make. I became very depressed as I thought what a long summer this was going to be.

In my reverie, I was reminded of a recent comment that I had heard at a TCF meeting: "My child was such a loving, giving person. He would not want me to waste my life being bitter." "I also remember a good friend telling me to "count my blessings" and naming all the things I had to be grateful for. I was furious at that time. Nothing I had to be grateful for could compensate for the fact that my child had died. Now, sitting in the twilight of this early summer evening, I began to see things differently. I determined that this summer would not be an eternity: I would not let it be. I decided first of all to stay busy.

I am also going to try to enjoy the simple things that used to give me so much pleasure, like flowers, and working in my garden. I then decided to try to be truly grateful for the blessings that I have, like my husband, my friends, my job etc.

(cont'd page 3)

TELEPHONE FRIENDS: When you are having the kind of day you feel only another bereaved parent or sibling can understand, we are willing to listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information (**917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: tcfmanhattan@gmail.com
TCF MANHATTAN website: www.compassionatefriends.nyc

CO-CHAPTER LEADERS: **Dan Zweig**: danzweigtcf@gmail.com

Jordon Ferber: beatniknudnik@yahoo.com

"Our Children" editor: **Dan Zweig**: danzweigtcf@gmail.com Newsletter Editor: **Marie Levine** marielevine2@verizon.net THE COMPASSIONATE FRIENDS MEETINGS are always the second and fourth Tuesdays of the month

WE MEET USING ZOOM AT 7:00pm—sign on at 6:45pm

Soon as possible, we hope to return in person to the

Fifth Avenue Presbyterian Church

55th Street and Fifth Ave (enter at 7 West 55th St.

The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.

Summertime and the livin' is easy...

By Carol Tomaszewski

The lazy, hazy days of summer...

What does summertime bring to your mind? I think of the beach with the waves softly washing ashore. Walking along with the sand between my toes. Finding "treasure" along the shoreline. The sound of the ocean is calming. The sun is warm on my face.

Life seems good.

And then I realize that being at the beach is forever changed for me. The memories of times past at the beach with my family come flooding back. Lots of good memories.

I stare at the ocean and think...the ocean is like my grief. Sometimes it seems wild and black with rage and almost impossible to manage. Riptides, currents and storm surges.

Sometimes it's like rough waves hitting the shore, continually pounding. And sometimes the waves are smaller and are enjoyable to play in. Then sometimes it is unusually calm and I can wade in and let the cool water surround me.

So now I go to the beach to remember. And let the sun warm my heart. Let the sound of the waves calm my soul. And get sand between my toes.

~Carol Tomaszewski, Annapolis Chapter, BP/USA ~reprinted from July DC/Northern Virginia Chapters Newsletter

Don't Think I Do Not Grieve

By Brenda Penepent

Don't think I do not feel; because you see no tears. A river rages deep inside of grief, and loss, and fears. Just because I do not cry now, don't think my heart's not broken

I keep inside the misery of words not to be spoken. Sometimes I smile, or crack a joke, so you won't see the pain;

or notice how my hands will shake, or how I've gone insane.

Each time I chance to think of her, my heart is ripped asunder.

The loss I feel is mine alone. you will not see my thunder.

~Brenda Penepent

~reprinted from July DC/Northern Virginia Chapters Newsletter

"Grief and sadness knits two hearts in closer bonds than happiness ever can; and common sufferings are far stronger than common joys."

> Alphonse de Lamartine

~reprinted from July DC/Northern Virginia Chapters Newsletter

TCF SIBLING CHAT

This chat is available for adult and teen siblings to share concerns and feelings

WEDNESDAY & THURSDAY EVENINGS 9 PM

www.compassionatefriends.org

TCF SIBLING TUESDAYS

Siblings in the Manhattan Chapter meet every Tuesday of the month.

With Jordon Ferber - Sibling Leader
TUESDAYS AT 7:00PM

www.compassionatefriends.nyc

Anniversaries...

(cont'd from page 1)

This summer marked four years since I have spoken to my beloved son Peter. It is ever a wonder to me that I go on. For my husband and me, the summer evokes one date after another... a regular endurance test of emotion. Peter's birthday is July 14th. Our wedding anniversary is August 2nd. Peter's "anniversary" a scant five days later...August 7th. As you can imagine, we go through a lot of candles in a very short period of time.

But time does indeed tell a lot. Though I marvel that I endure...I do. Though my grief hasn't abated as I originally thought it would, I have become expert at managing the pain. This particular summer has brought home an inescapable fact of life. Time flies. Everywhere I go, this summer more than ever, I've listened to people remark on how fast the summer has gone. I wonder. Has it?

Has this summer gone faster than most? Four years ago I thought time stood still. I would sit on the edge of my bed for what seemed like a few minutes, transported by despair. The I would look up and discover the afternoon would be almost gone. Where had the time gone? Now, four years later I find there is hardly any time at all. My days are filled with as much activity as I can cram into 24 hours. I realize that no one gets out of here alive, there is so much to do and so little time...and I am comforted to know that. However far away or ahead of me Peter is, I am rapidly gaining on him.

So I go on. Racing along at 78rpm. Slowing down only briefly for a few weeks in the summer when the pain of another clump of anniversaries clogs my path, chokes my breathing and time seems to stand painfully still for one more cosmic moment.

~ Marie Levine, 1997

Marie Levine

Editor, TCF Manhattan and Twin Forks, NY marielevine2@verizon.net

Anniversaries (an update)...

Epilogue: re-reading this, now as I am about to commemorate the 28th anniversary (!) of Peter's passing brings on a whole new set of thoughts. The pain has most definitely abated. The commemorative days do still bring on a particular sadness for all that might have been. The longing and the missing is as intense as ever. But as I close in on old age, I relish the days more and find some inexplicable comfort in knowing I grow closer and closer to reuniting with my guys. I'm once again delighted by a beautiful sunny day, puttering in the garden, sharing a laugh with friends, being an observer more than a participant – I marvel at how I have restored my life. And I pray I can assure my compassionate friends that they too will again one day, find joy in their lives.

~ Marie Levine. 2021

Summer Thoughts

(cont'd from page 1)

It has been almost 5 years for me, and I know that last year this would not have worked. Of course I still have times of sadness; I know I always will. But I have decided that in the process of grieving we close so many doors, the only way to recovery is to reopen them gradually at our own pace.

I know I will never be the same person I was before the death of my child, but I hope eventually in some ways I will be a better person because suffering can be beneficial if we learn and grow through it. A year ago I didn't feel that way, and I know I still have a long way to go, but in the meantime, I know the greatest tribute to my child will be to enjoy this summer as he would have done.

~Libby Gonzales, TCF Huntsville, AL

~reprinted from July DC/Northern Virginia Chapters Newsletter

Gifts of Love

A Love Gift is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

Passing the Basket – During normal times, we raise needed funds at each meeting by passing a basket for voluntary contributions. In this time without in person meetings, the Manhattan Chapter is going without the resources we usually get from the basket passed during our meetings. We are so glad to be able to hold the online meetings, and if you are able to, once a month or whenever you are able to, please help and make a 'Basket' contribution to help our organization.

Making a contribution -

Easiest way - online - use a credit card securely with Paypal - Click this link: Please donate here

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.







8/2	MICHAEL KLINOFSKY, brother of Melanie Klinofsky	8/19	GRAYSON LOLLER, son of Tania Rivera
8/3	JAKE MAJER, grandson of Linda Reed	8/19	JAMES GIBBON, son of James (Jimie) Gibbon
8/4	LOUIS KORENMAN, son of Sanders Korenman	8/20	JULIO BARRERA, son of Martha Riveira
8/5	JESSICA REVELEY, sister of Britt Bonney	8/20	LAUREN MARIE NELSON, sister of Mickey (Michelle) Nelson
8/7	LAURIE NICHOLS, daughter of Marie Jones	8/21	FRANK UNTENER, son of Barbara Chase
8/7	SAMUEL TITUS, son of Sara Jenkins	8/21	GAGE TURZANI, Nephew of Liz Sherman
8/8	RAIDEN SHIMOYAMA, son of Jenna Agins & Toku Shimoyana	8/21	SANGEETA LAL, brother of Seema Lal
8/9	BRIAN GOLDBERG, son of Gloria & Arthur Goldberg	8/22	MICHAEL RAVEN, son of Selma & Rob Raven
8/9	GER ANDLINGER, daughter of Jeanne Andlinger	8/23	GAIL ROACH, daughter of Joyce Roche
8/9	HANNAH POTIS, sister of Taylor Potis	8/23	MONTE JONATHAN GOLUB, son of Ellie Gollub
8/9	ZUNILDE (ZUNNY) MARTE, daughter of Victor Marte	8/25	IVAN EBBOTT, brother of Hal Ebbott
8/10	BRITTANY, sister of Jordan Malveaux	8/25	JAMES ROACH, brother of Omar Roach
8/11	HAMEEN JASPER, daughter of Yolanda Jasper	8/26	JOHNNY & HOLLY RAHN, twin children of Kathrin Laser &
8/12	AVA NASCIMENTO, grandaughter of Eugenia Nascimento,		David Rahn
	niece of Laura Jones	8/27	MARGARET BRAUN-GRIEP, sister of Helen Braun
8/14	SHERINIECE M. LAWTON, daughter of Linda Lawton	8/28	BLAKE GOODMAN, brother of Claudia Goodman
8/15	BENJAMIN TEPPERBERG, son of Susann Tepperberg	8/28	JAMIE MARCUS, daughter of Bruce Marcus
8/16	CAROLINE MONTGOMERY, daughter of Catherine Montgomery	8/28	LOGAN GENTRY, son of Christine Spiro
8/16	HUNTER MARSHAD, grandson of Erica & Neal Marshad	8/29	ALEXIS ECHAVARRIA, son of Christina Echavarria
8/16	MEL'LISA ANDRE, daughter of Darchelle Hinson-Andre	8/29	JOSHUA ROBERT ESFORMES, son of Susan Esformes,
8/17	SHANNA JOSEPH, daughter of Lynn Platt, sister of Rebecca		brother of Jacob
	Wasserman	8/29	SAM BERGER, son of Marla & David Berger
8/18	DYLAN JOSEPH MAIDA, son of Lisa Burns & Sal Maida	8/30	LAEL MASE, daughter of Marla Mase
8/18	MISCHA DRUCKER ZIMMERMAN, son of Henia Drucker	8/31	KIMANI FOSTER, daughter of Katrina Thomas
8/18	VISHAL TUNGARE, brother of Ajay Tungare	8/31	ROSITA CUNNINGHAM, sister of Sedel Mapp





Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to tofmanhattan.nyc@gmail.com and tell us what needs to change.

Dan Zweig







8/1	JOHN RICHARDSON, son of Vivian Richardson	8/19	ARTURO LAULO, brother of Luz Laulo
8/1	LUIS LARA, son of Harry & Maria Ruff	8/19	DONALD BROWN, son of Desiree Brown
8/1	MANUEL RODRIGUEZ, son of Irene Rodriguez	8/19	KHALID ALBABA, son of Kerri Albaba
8/1	TIMOTHY KOK, brother of Tse Wei Kok	8/20	BRYANT GIBBS, brother of Cynthia Gibbs-Pratt
8/2	ETHAN MAGDER, son of Andrea & Gary Magder, brother	8/20	JEFF CARPENTER, son of Donna Carpenter
	of Abbi Magder	8/20	RICKY BATASHOFF, brother of Dana Stein
8/2	KANNE IKONOMOU, sister of Natasha Ikonomou	8/20	SHANE ALVAREZ, son of Melanie Alvarez
8/2	KARINA VETRANO, sister of Tara Vetrano	8/21	DYLAN BISCH, son of Eileen Eck
8/2	WILLIAM JOHN, brother of Joseph John	8/21	JEFFREY CARTER, son of Linda Carter
8/3	DESHA BEAMER , sister of Laura Beamer	8/21	ROSE MAYR, sister of Anna Mayr
8/3	JONATHAN DIAZ, son of Jeanette Diaz	8/22	FABIAN ABNEY, nephew of Chiffon Abney
8/3	MICHAEL DURNIN, son of Karen & Mike Durnin	8/22	JANIE GONG, daughter of Alan & Daisy Gong
8/3	SHANNA JOSEPH, daughter of Lynn Platt, sister of	8/23	JOANNA ZWEIG, Ben's aunt, sister of Daniel Zweig
	Rebecca Wasserman	8/24	DESIRA (DESI) PACUK, sister of Nikkie Pacuk
8/4	ALEXIS ECHAVARRIA, son of Christina Echavarria	8/24	DIANE HASS , daughter of Lillian Hass
8/4	CHADWICK ALEXANDER ANDERSON, son of Stacie Hawkins	8/24	MARIA CUNARD, sister of Angela George
8/5	CASEY ACKERMAN, son of Melissa and Hal Ackerman	8/25	MEGAN YODER, sister of Kyle Yoder
8/5	HOLLY OESTREICH, daughter of Joyce Oestreich	8/25	SANGEETA LAL, brother of Seema Lal
8/6	BENJAMIN TEPPERBERG, son of Susann Tepperberg	8/26	JOHNNY & HOLLY RAHN, twin children of Kathrin Laser &
8/6	BURKE TAYLOR, brother of Emily Yoshikawa		David Rahn
8/7	BELLA BRODSKY, sister of Jennifer Brodsky	8/26	LAURA FELDSTEIN, daughter of Marilyn & Al Feldstein
8/7	MICHAEL MOSS, son of Michaela & Bob Moss	8/27	DAVID GLASS, son of Jack & Laura Glass
8/7	PETER ADAM LEVINE, Beloved Son	8/28	BRITTANY MCGRATH, sister of Chelsea McGrath
8/8	ALISON GERTZ, daughter of Carol & the late Jerry Gertz	8/29	JOSEPH BABY, brother of Merilyn Baby, son of Yohannan Baby
8/10	GAGE TURZANI, Nephew of Liz Sherman	8/29	JOSHUA UNDERWOOD, brother of Sarah Underwood
8/11	CHRISTOPHER PALMER, son of Darlene and Douglas Palmer	8/29	LINDA MARQUEZ, daughter of Hilda Mendoza
8/11	RUTH DOUGHTY, sister of Louise Doughty	8/29	TRYGVE WASBOTTEN, son of Marilyn Wasbotten
8/12	MIA SACASA, daughter of Malik Sacasa	8/30	CASEY LOW, brother of Dara Low
8/15	BEN BREEN, son of Carol Breen	8/31	BENJAMIN ZWEIG, son of Sally Petrick & Daniel Zweig
8/16	ALAN SOLITAR, son of Susie & Bruce Solitar	8/31	CHRISTINE, sister of Theresa Fornato
8/16	CHARLIE-ROSE MCCALL, daughter of Yolette Perry	8/31	DANNY LING, son of Dan Ling
8/16	RAIDEN SHIMOYAMA, son of Jenna Agins & Toku Shimoyana	8/31	GALIAH GARBER, sister of Anath Garber
8/18	ERIK BANKS, son of Laurene Buckley	8/31	NOAH STERN, son of Barbara Samuels & Nicholas Stern
8/18	FORREST RYZY-RYSKI, brother of Sophia Ryzy-Ryski	8/31	TYLEAH MCFADDEN, daughter of Lisa Jenkins, sister of
8/18	NONI BIALE, daughter of Margaret and Noam Biale		Nadirah McFadden







SEPTEMBER BIRTHDAYS



/1	DWAYNE NELSON, son of Amelia Brewer-Nelson	9/19	TYLEAH MCFADDEN, daughter of Lisa Jenkins, sister of
/1	MARK H. IHDE, son of Linda & Don Ihde		Nadirah McFadden
/1	ROSE LIANG, sister of Holly & Chue Liang	9/21	CHRISTOPHER LUKE ELMER, son of Anne Elmer & Jeff Elmer
/2	GEORGE MICHAEL KOTSIS, son of Doris Kotsis	9/21	GINGER SIMMS, daughter of Larry Simms & Alison Ho
/3	BETTY DIBIASO, daughter of Susan Carty	9/21	TATIANA HICKMAN, sister of Autumn Hickman
/4	JOVI RAMOS, son of Desiree Ramos	9/21	WONDER HAMILTON, daughter of Gary & Jennifer Hamilton
/6	HENRY SZOR, son of Eva Grin	9/22	ALEXANDRA DISANTIS, daughter of Margo & Frank DeSantis
/6	MAX GLEZOS-CHARTOFF, son of Julie Chartoff & Irene Glezos	9/22	JAMES HAYS, brother of Claire Hays
/7	TOMMASO CERASE, son of Barbara Riccardi & Alessandro Cerase	9/23	CASEY CRUZ, daughter of Ibelka Cruz
/8	AHMAD SHARRIEFF-AL-BEY, son of Rashied Sharrieff-Al-Bey	9/23	GREGORY ROTH, brother of Stephanie Roth
/8	CALLUM ROCHE, son of Sean Roche	9/25	CHRISTOPHER DOMBROWSKI, brother of William &
/8	CYRUS SINK, son of Susan Huggins		Brianne Dombrowski
/8	MELISSA ANN WALSH, sister of Stephanie Walsh	9/26	MITCHELL WALKER, son of Fountain Walker
/8	THERESA MARTIN HOUGH, daughter of Sara Martin	9/27	ARON LINDELL, son of Julie Lindell
/12	AVA LOUISE HOUSE, daughter of Molly House	9/27	JAY SCHNEIDER, son of Bonnie Bowes
/12	SAIGIA BRON, daughter of Florence Layayette	9/27	WILLIAM JOHN, brother of Joseph John
/12	SOPHIA JOLIET AGUIRRE, daughter of Monica Deliz	9/28	ALEX BIBLER, son of Lindsay Bibler
/13	CANDICE CHEN, daughter of Belle Tung	9/28	KRISTEN DUBERRY, daughter of Michael Duberry
/13	TROY HALL, son of Victor Hall	9/28	PAMELA ARGUELLO, daughter of Doris Carraquillo,
/14	CASEY STRAKA, son of Dana Straka		sister of Vinny Urena and Brandon Arguello
/14	GALIAH GARBER, sister of Anath Garber	9/28	RYAN CHRISTIAN BALLON, brother of Dylan Ballon
/15	MICHAEL MCFARLAND, son of Tamara McFarland	9/29	ANDREW SCHLEIFER, son of Kittyhawk Schleifer
/16	PAUL THOMPSON, son of Elaine Thompson	9/29	BOBBY BEATTIE, brother of Rose Beattie
/17	KARIM HALAWI, brother of Lama Halawi	9/29	DANIEL SNYDER, brother of Lisa Snyder
/18	DAVID PICARD, son of Darlene Picard	9/29	LILY BADGER, daughter of Madonna and Matt Badger
/18	IAN MALSON, brother of Caitlin Malson	9/30	BELLA BRODSKY, sister of Jennifer Brodsky
/19	ILIA KRASOTINA, sister of Sofiya Krasotina	9/30	CHRISTOPHER WAGNER, son of Linda & Edward Wagner











9/2	IMOGEN ROCHE, daughter of Theseus Roche	9/16	KIARR LACEY MONROE, son of Xenia Vasquez &
9/2	ROWENNA WIGHT WHITE, daughter of Nancy Wight		Lacey Monroe
9/2	YULIA KRASHENNAYA, sister of Deb Faynshteyn	9/16	PAUL WALKER, son of Ellen Walker
9/3	BRENDEN CARSON, son of Debra Carson	9/17	PAMELA ARGUELLO, daughter of Doris Carraquillo, sister
9/3	CALEB SANDE, grandson of Renee & Hervey Sande		of Vinny Urena and Brandon Arguello
9/3	SEAN KIMERLING, son of Ervine & Noah Kimerling	9/17	TIM CARPENTER, son of Donna Carpenter
9/4	ADEDAYO ADEWALE, son of Modesta Baltazar	9/17	TOMMASO CERASE, son of Barbara Riccardi &
9/4	MARLA SUE COLLAZO, daughter of Lita & Joe Robinson		Alessandro Cerase
9/4	ZANE MANDEL-MICHALAK, son of Janet Robinson	9/18	GLEN FRASER, son of James Fraser
9/5	NOAH BOWER, son of Pat Bower Cooley	9/18	LUCY GRAVES, daughter of Edward Graves
9/6	SHAUN BECKWITH CHASEN, son of Dr. Barbara Chasen	9/19	AVA LOUISE HOUSE, daughter of Molly House
9/6	TIM MAGEE, son of Mary & Tim Magee	9/19	ERIC ROSENBERG, son of Sharon Rosenberg
9/7	PATRIC KARN, brother of Lisa Kaye	9/19	KASRIEL BENJAMIN, son of Sarah & Tony Benjamin
9/7	YEHUDA MILSTEIN, son of Edith Bayne, brother of Ilana Milstein	9/19	WILLIE GWATHMEY, brother of Katie Gwathmey
9/8	BRIAN CULLIMORE, son of Teresa Cullimore	9/20	IVAN EBBOTT, brother of Hal Ebbott
9/9	BRIAN MEEHAN, brother of Kevin Meehan	9/21	AIDAN HERNANDEZ, son of Maura Moloney and
9/9	JORDAN WEINSTEIN, daughter of Wendy J. Schriber		Victor Hernandez
9/10	KRISTINA ESPOSITO, daughter of Cecilia Esposito	9/21	LYNDON HOWARD, son of Lila Howard
9/11	AARON HOROWITZ, son of Allan & Liz Horwitz	9/23	DUSTIN TUNICK , son of Jenifer Kelly
9/11	CHRISTIAN FUERSICH, son of Janet Fuersich	9/24	NOAH REISMAN, brother of Rachel Reisman
9/11	JOHN COOPER JR., brother of Keith P. Cooper	9/24	SOPHIE ANN MISSHUK, daughter of Evan Misshuk
9/12	ADAM WEINER, son of Susan Weiner	9/25	CELINA PACHECO, daughter of Evelyn Gonzalez
9/12	ANDREW BALTINI, brother of Kevin Baltini	9/25	ELIOT BARTLETT, brother of Emanuekl (Man) Bartlett
9/12	BLAKE GOODMAN, brother of Claudia Goodman	9/25	ISAIAH WINCH, son of Jesse Winch, brother of
9/12	JENNA HERNAN, daughter of Maria Hernan		Louisa-Carpenter Winch
9/13	JAMES RUSSO, brother of Adrienne Russo	9/25	SEAN COYLE, brother of Krista Coyle
9/13	JASMIN REQUENA, daughter of Eleanor Requena, sister	9/25	WILLIAM GRIFFO, son of Yvona & William Griffo, brother
	of Jaqueline		of Mike Griffo
9/14	EMRE EDEPLI, son of Levant & Kirsten Edepli	9/28	JAMIE MARCUS, daughter of Bruce Marcus
9/14	JOHN MARZANO, son of Claire Martino	9/29	KARIM HALAWI, brother of Lama Halawi
9/14	TATIANA HICKMAN, sister of Autumn Hickman	9/29	LAUREN MARIE NELSON, sister of Mickey (Michelle) Nelson
9/15	CHRIS SANTIAGO, son of Eve Ortega	9/29	PAMELA SUE CHAIKEN, daughter of Sandy &
9/15	GEORGE MICHAEL PEREZ, son of Priscilla Perez		Lionel Chaiken, sister of Stephanie
9/15	MARSHALL FORDE, son of Asurf Forde, brother of Marcel Forde	9/30	ANTHONY HELZER, son of Donna Romer
9/16	JON MICHAEL CAMINITI, son of David Caminiti, Linda Caminiti		



and brother of Jacqueline



THE COMPASSIONATE FRIENDS CHAT SCHEDULE. https://www.compassionatefriends.org/find-support/online-communities/online-support/				The Compassionate Friends National Office 48660 Pontiac Trail #930808, Wixom, MI 48393		
ET	MORNING	EARLIER EVENING	LATER EVENING	Toll Free (877) 969-0010		
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement	www.compassionatefriends.org email:nationaloffice@compassionatefriends.org		
			Parents/Grandparents/Siblings			
TUE		Loss to Substance Related Causes	Bereaved less than 2 yrs	WE NEED NOT WALK ALONE		
		First time CHAT orientation	Bereaved more than 2 yrs	TCF National Magazine 1 yr. subscription \$20		
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement	MARK YOUR CALENDARS! Our next Chapter meetings are Tuesdays:		
			Parents/Grandparents/Siblings			
THU		No Surviving Children	General Bereavement	AUG 10 SEP 14 OCT 12 NOV 9 AUG 24 SEP 28 OCT 26 NOV 23		
		First time CHAT orientation	Parents/Grandparents/Siblings	AUG 24 SEP 26 OC 1 26 NOV 23		
FRI	General Bereavement	Pregnancy/Infant Loss	General Bereavement			
	Parents/Grandparents/Siblings		Parents/Grandparents/Siblings	Deadline for Newsletter article submissions:		
SAT			General Bereavement	Oct: Sept 1st Nov: October 1st Dec: November 1st Holiday: November 15th		
			Parents/Grandparents/Siblings			
SUN		Suicide Loss	General Bereavement Issues	MAKE A DONATION Click here to Donate to the Manhattan Chapter		
			Parents/Grandparents/Siblings			

OUR COMPASSIONATE FRIENDLY NEIGHBORS

Babylon	1st Friday	(516) 795-8644	Rockville Centre	2nd Friday	(516) 766-4682
Bronx	2nd Tuesday	(914) 714-4885	Rockland County	3rd Tuesday	(845) 398-9762
Brookhaven	2nd Friday	(631) 738-0809	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Brooklyn	3rd Wednesday	(917) 952-9751	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Flushing	3rd Friday	(718) 746-5010	Syosset (Plainview)	3rd Friday	(718) 767-0904
Manhasset	3rd Tuesday	(516) 466-2480	Twin Forks/Hampton	s 3rd Friday	(646) 894-0317
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389
Medford	2nd Friday	(631) 738-0809			

PRIVATE FACEBOOK GROUPS Click below for National Website's Listing of groups.

24/7 PRIVATE FACEBOOK GROUPS

TCF – Loss of a Child

TCF – Loss of a Stepchild

TCF - Loss of an Only Child/All Your Children

TCF - Multiple Losses

TCF – Daughterless Mothers

TCF - Men in Grief

TCF - Bereaved LGBTQ Parents with Loss of a Child

TCF - Bereaved Parents with Grandchild Visitation Issues

TCF - Loss to Miscarriage or Stillbirth

TCF - Infant and Toddler Loss

TCF - Loss of a Child 4 -12 Years Old

TCF - Loss of a Child 13-19 Years Old

TCF - Loss of an Adult Child

TCF – Loss of a Child with Special Needs

TCF – Loss of a Grandchild

TCF - Grandparents Raising their Grandchildren

TCF - Miscarriage, Stillbirth, Loss of an Infant Grandchild

TCF – Loss to Long-term Illness

TCF - Loss to Cancer

TCF - Loss After Withdrawing Life Support

TCF - Loss to Mental Illness

TCF - Sudden Death

TCF - Loss to Suicide

TCF - Loss to Homicide

TCF – Loss to Substance Related Causes

TCF - Loss to a Drunk/Impaired Driver

TCF - Grieving with Faith and Hope

TCF - Reading Your Way Through Grief

The Compassionate Friends c/o Sally Petrick - Treasurer 945 West End Ave Apt 2B New York, NY 10025

Making a Donation—Now Online

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings.

You can still mail a check to the address to the left or donate online.

Click here to Donate to the Manhattan Chapter