



The Compassionate Friends

Manhattan Chapter

Supporting Family After a Child Dies

Our next meetings...
* Dec 11 Candle Lighting
Dec 20
Jan 17
Feb 21

Manhattan Chapter Newsletter

December 2022

Futurity

I was reading a survey in Vanity Fair. What caught my eye and imagination was the question "In the obituary of your dreams, which one of the following phrases would you most like to see? a) survived by eight grandchildren, b) at the age of 99, c) well-known philanthropist, d) flags will be flown at half-mast, e) after a brief illness." At an astounding three to one ratio, everyone surveyed, both parents and non-parents all agreed that a) *survived by eight grandchildren* was the one phrase they all aspired to.

I thought back to my mom, who never hesitated to tell me, "You think you love your children? Just wait until you have grandchildren!" When Peter left this world, I grieved not only for the loss of him, but for the loss of my never-to-be grandchildren. To this day it is still an open wound.

We live our lives like immortals. When we are very young, the concept of dying is not one we can apply to ourselves or those we love. As we live and experience loss, it becomes a concept that we try to understand but it still doesn't apply to us. Then, we have children and futurity becomes something we begin to recognize. Finally, we see in them the beginning of ourselves and all our efforts go into teaching them our values so that they will grow into adults like us. As we age, it becomes a comfort to know that though we may not be physically here, we will continue in a future world we will never know but our children – and more important – our grandchildren, will inhabit along with the memory of us and hopefully, all the life lessons and family sagas we have instilled and implanted in them.

I wonder sometimes why futurity seems so important. Even after losing our children and learning the survival skills it takes to live each day to the fullest, aside from (con't on page 2)

TCF Worldwide Candle Lighting

Sunday, December 11, 2022 - Ceremonies begin at 6pm sharp

Remember your children & siblings in our Holiday Slide Show.

[Click here for more information about the Manhattan Event and about submitting your loved one's photos for the event](#)

As The World Turns

Nine and a half years ago, when the world stopped turning for me, I listened, without hearing, to the platitudes offered by those observing my sorry state. When I railed against the heavens, when I begged for release from the pain, when I prayed that I could join my beloved, now dead, child, all anyone could do was stand by and watch. There really was nothing anyone dared say without getting some horrific retort from me. So those who stayed just listened. Most drifted away, unable or unwilling to cope with the despair that emanated from my every pore.

The days were as dark as the nights. Nothing and no one could offer me any hope. And in looking back, it is hope that we all long for. It's taken years and years to heal to this point, and as the painful season of "joy" approaches, I thought I would reflect a little bit, on the journey, the distance and the light that slowly appears at the end of the tunnel. Sure they're all cliches. But as those of us who have lived for years in the world of metaphor know only too well, they are cliches because they describe this place so well.

This will be our tenth Thanksgiving without Peter. That first Thanksgiving I thought it would be a good idea to surround (con't on page 2)

TELEPHONE FRIENDS: When you are having the kind of day you feel only another bereaved parent or sibling can understand, we are willing to listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: tcfmanhattan@gmail.com
TCF MANHATTAN website: www.compassionatefriends.nyc
CO-CHAPTER LEADERS: **Dan Zweig:** danzweigtcf@gmail.com
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"Our Children" editor: **Dan Zweig:** danzweigtcf@gmail.com
Newsletter Editor: **Marie Levine** marielevine2@verizon.net

THE COMPASSIONATE FRIENDS MEETINGS are now monthly - always the third Tuesday of the month

WE MEET USING ZOOM AT 7:00pm—sign on at 6:45pm

As soon as possible, we hope to return in person to the
Fifth Avenue Presbyterian Church
55th Street and Fifth Ave (enter at 7 West 55th St.)

The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.

Futurity

(con't from page 1)

missing our children, we all miss the children they didn't get a chance to have. Is it a conceit to think that our values will matter in the world if they are carried forward by our progeny? Do we always harbor a wish that one of our heirs will make a difference in the world – therefore making us matter?

I am at a difficult stage once more. All my friends are becoming grandparents. They delight in these mini versions of themselves as I'm sure I would too. But I'm not sure they even know why they are so delighted by these children. But I know that if I did have grandchildren, I'm sure, like all my friends, I too would be oblivious to what now eats at my soul. I would simply delight in their existence. I would marvel at their growth. I would be so proud of their accomplishments. I would take such comfort in their unconscious mission – to carry my history and that of my family into their future. But the loss of them -the impossibility of their existence and my being condemned to another kind of “neverness”, is every bit as painful and ongoing as the loss of Peter.

Those of us with surviving children continue to hope. And though many may not have the pleasure of grandchildren, they at least have the distraction of a continuing family while hope lives deep inside. As the holiday season creeps upon us once more, I am brought back again to all I am missing. I put these thoughts aside again and prepare to share in the delight of my friends.

Knowing I am part of such a compassionate and understanding community as TCF is what really helps me get through the impending season of joy. Though I wish Peter was here for me to brag about, I will content myself with the knowledge that you, my friends, really know how palpable an absence each of our losses creates, especially this time of year. Thank you for being such an important part of my life.

Marie Levine

SEASONS

The change of seasons is difficult. It reminds me that I must change if I am to live again.

We can become stuck in our grief, full of self-pity and overwhelmed with pain. I do not believe our children would want us to live the rest of our lives in pain and misery. It is so easy to fall into the “black pit” and never have the strength or courage to crawl out – because crawl out we must... on our bellies.

We are different now, with different priorities and goals. We must find a new purpose for going on, and we must accept the changes in our lives – including ourselves, for we are different now.

We cannot go backward, though there are times we yearn to. We must go forward. If we don't, we stay stuck at the point that our world changed. I used to say “ended”.

Change is difficult. To accept the loss of our child is the most difficult of all. Our comfort comes from believing that the love we share will go on for all of eternity and that we will be united again – and each day brings us closer. We must learn to live again, love again, feel joy and peace again – or our survival will be without value to ourselves or to others.

~Renee Little, TCF, Ft. Collins, CO

As The World Turns

(con't from page 1)

myself with the activity of the day and make dinner for my remaining family. It was a major mistake. The day proved more difficult than I imagined and for years after, Phil and I refused the company of friends or family and remained sequestered at home with the tiniest turkey we could find. It was several years later, with two other couples, also newly childless, that I attempted Thanksgiving dinner again. And with my new friends we all reflected on how grateful we were to have had our kids, even while we continued to rail together at the fates for our mutual misfortune.

The December holidays, hot on the heels of Thanksgiving, brought only more pain. Store windows, newspaper ads, magazines, television, radio... the holidays were in my face everywhere I turned. There really wasn't anywhere to hide. It was a painful annual rite of passage. But to where?

No getting around it. In spite of us, the world keeps turning. The holidays come relentlessly every year. Along with all the other special days we must anticipate and endure. But for me, more than nine holiday seasons later, the edge has finally softened. Thanksgiving remains difficult, but not as difficult. We can even enjoy sharing the day with friends. And the beauty of the holiday season, especially in a city like ours, no longer makes me angry. I'm glad now, to know that so many people are untouched (yet) by tragedy. That they can enjoy the holiday season with the brightness and clarity of innocence. And I suspect now, that so many others are like me. I no longer feel so uniquely tragic.

I am an observer now, not exactly a participant. But from my perspective, high on a perch looking back over so much of life, I can appreciate the wonder, and remember that I too was innocent once, untouched by tragedy. And knowing what I now know about life, I look at all the joy and know how tenuous it all is. I've also learned the human spirit is a miraculous thing. And that as the world turns, as night turns into day, despair can turn to hope. As the pain begins to subside, the restorative power of hope returns.

For those who are only recently bereaved it is important to understand that there is no timetable for healing from our wounds. No formula. For some it is months, some years, some decades. Taking it one hour then one day at a time is key. There is no way to rush the process. But finding hope... that the pain will begin to soften, that despair will lift, that life will once again be worth living, that the thought of our children will bring a smile instead of tears, that just maybe, we will be with our children again someday...you can be sure the power of hope will return.

The world is still turning. We're just going along for the ride. Rest assured we all reach the same destination. No need to ask if we're almost there yet. One day, without even realizing, we'll know because our kids will be there, waiting.

A peaceful holiday season to you all.

Marie Levine (2001)

TCF Worldwide Candle Lighting

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Remember your children & siblings in our Holiday Slide Show.

[Click here for more information about the Manhattan Event and about submitting your loved one's photos for the event](#)

Worldwide Candle Lighting

Sunday, December 11th, 2022

Worldwide Candle Lighting Event In Manhattan

Plan to sign in beginning at 6:00PM

Our event for 2022 will be virtual on Zoom. It will be best viewed on a computer screen.

The Compassionate Friends - Worldwide Candle Lighting



We remember... that their light will always shine.

**** Remember - if in person...be sure to bring a framed photo of your loved one to be displayed in the ballroom during the evening.***

Important - take note!

There will be an ongoing slideshow of all our children...

To include your loved one in this beautiful memorial, please email your photos by DECEMBER 8TH to:

photosmtcf@gmail.com

We suggest you send two photos - a young, "sunrise" photo and a "sunset" more recent photo.

Be sure to indicate your child's **full name exactly as you wish it to appear!**

(If you had photos in last year's slideshow, just request to use the same photos for 2022)

Gifts of Love

A Love Gift is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

Passing the Basket – During normal times, we raise needed funds at each meeting by passing a basket for voluntary contributions. In this time without in person meetings, the Manhattan Chapter is going without the resources we usually get from the basket passed during our meetings. We are so glad to be able to hold the online meetings, and if you are able to, once a month or whenever you can, please help and make a 'Basket' contribution to help our organization.

Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.

Recommended reading...

- ♦ The Bereaved Parent by Harriet Sarnoff
- ♦ First You Die by Marie Levine
- ♦ Talking to Heaven by James Van Praagh

⇒ take advantage of the book list on the TCF web-site www.compassionatefriends.org

⇒ go to www.centeringcorp.org, for an extensive list of resources for ALL those grieving for every possible reason – for parents, grandparents, siblings, mothers, fathers, teens, children...because of sudden death, accident, long term illness, infant loss, miscarriage, homicide, substance abuse, etc.

Reading other bereaved people's stories helps us. Take advantage of these resources. Discovering how much of what we feel is being experienced by fellow travelers helps us understand the process and restores hope.

...to our new members

Attending your first meeting is the hardest thing to do. But you have nothing to lose and everything to gain. Try not to judge your first meeting as to whether or not TCF will work for you. Often, it is the second, third or fourth meeting where you will find just the right person or the right words said that will help you along in your grief.

...to our long standing members

We need your encouragement and continued support. You are what ties our group together. Sadly, each meeting brings new parents. *THINK BACK...* what would it have been like for you if there had not been any “oldtimers” to welcome you and share your grief and encourage you and tell you that in time, the pain will soften...with time, there is hope.

~ ~ ~

The Compassionate Friends Credo

We need not walk alone.

We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

Our children have died at all ages and from many different causes,

but our love for our children unites us.

Your pain becomes my pain just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races and creeds.

We are young and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh,

and so intensely painful that we feel helpless and see no hope.

Some of us have found our faith to be a source of strength; some of us are struggling to find answers.

Some of us are angry, filled with guilt or deep depression; others radiate an inner peace.

It is pain we will share just as we share the love for our children.

We are all seeking and struggling to build a future for ourselves,

but we are committed to building a future together as we reach out to each other

in love, and share the pain as well as the joy,

share the anger as well as the peace,

share the faith as well as the doubts,

and help each other to grieve, as well as to grow.

WE NEED NOT WALK ALONE.

WE ARE THE COMPASSIONATE FRIENDS.

~ ~ ~

Online Support from the National Compassionate Friends Website

Live Chats

The Compassionate Friends offers “virtual chapters” through an Online Support Community (live chats). This program was established to encourage connecting and sharing among parents, grandparents, and siblings (over the age of 18) grieving the death of a child. The rooms supply support, encouragement, and friendship. The friendly atmosphere encourages conversation among friends; friends who understand the emotions you’re experiencing. There are general bereavement sessions as well as more specific sessions.

Click [HERE](#) for more information and a list and schedule of Live Chats.

Private Facebook Groups

The Compassionate Friends offers a variety of Private Facebook Groups. These pages cover a wide range of topics and are moderated by bereaved parents, siblings, or grandparents. They may accessed only after a request to join is approved by a moderator.

Click [HERE](#) for more information and a list of Private Facebook Groups.

For a Parent on the Death of a Child

No one knows the wonder
Your child awoke in you,
Your heart a perfect cradle
To hold its presence.
Inside and outside became one
As new waves of love
Kept surprising your soul.
Now you sit bereft
Inside a nightmare,
Your eyes numbed
By the sight of a grave
No parent should ever see.
You will wear this absence
Like a secret locket,
Always wondering why
Such a new soul
Was taken home so soon.
Let the silent tears flow
And when your eyes clear
Perhaps you will glimpse
How your eternal child
Has become the unseen angel
Who parents your heart
And persuades the moon
To send new gifts ashore.

~John O'Donahue,
Submitted by Patty Vigorita

As Long as I Can...

*As long as I can, I will look at this world for
both of us.*

*As long as I can, I will laugh with the birds,
I will sing with the flowers,
I will pray to the stars.
for both of us.*

*As long as I can, I will remember
how many things on this earth
were your joy.
And I will live as well as you would want me to live.
As long as I can.*

~ Sascha

Siblings

The Compassionate Friends Sibling Credo

*We are the surviving siblings of The Compassionate
Friends*

*We are brought together by the deaths of our brothers
and sisters*

Open your hearts to us, but have patience with us.

Sometimes we need our families to be there.

*Sometimes we must walk alone, taking our memories with
us, to become the individuals we want to be.*

*We cannot be our dead brother or sister; however a spe-
cial part of them lives on with us.*

When our brothers and sisters died, our lives changed.

*We are living a life very different from what we envi-
sioned and we feel a responsibility to be strong even
when we feel weak.*

*Yet we can go on because we understand better than
many the value of family and the precious gift of life.*

*Our goal is not to be the forgotten mourners that we are,
but to walk together to face tomorrow as the surviving
siblings of The Compassionate Friends.*

TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every
Tuesday of the month and more.

Sign up to get our siblings schedule emails

[Click here for exclusive sibling emails](#)

TCF SIBLING CHATS

Some online chats for adult and teen siblings to
share concerns and feelings are available on the
TCF National website

[Click here to display the full schedule of chats for
both parents and siblings](#)



OUR CHILDREN—LOVED AND REMEMBERED

DECEMBER BIRTHDAYS



| | | | |
|-------|--|-------|---|
| 12/1 | CASSIE WILSON , sister of Kaylie Wilson | 12/16 | MICHELLE GITTENS , daughter of Lenise Ballard-Gittens |
| 12/1 | GLEN FRASER , son of James Fraser | 12/16 | WILFRED DeVALLE , son of Carmen DelValle, brother of Judy DelValle |
| 12/1 | ROBERT GOODEN , son of Tonya & Frank Gooden | 12/17 | JAMES MONTGOMERY , son of Denise Montgomery |
| 12/2 | FORREST RYZY-RYSKI , brother of Sophia Rzyz-Ryski | 12/17 | RICKY BATASHOFF , brother of Dana Stein |
| 12/2 | JANIE GONG , daughter of Alan & Daisy Gong | 12/17 | STEFAN PAKULSKI , brother of Marek Pakulski |
| 12/2 | JENNIFER CARGILL , daughter of Virginia Crosby | 12/18 | DAVID GLASS , son of Jack & Laura Glass |
| 12/3 | PAULINE FUCHS , daughter of Carolin Fuchs & Rene Groth | 12/18 | ZIGGY MARTINEZ , son of Sally Tucker |
| 12/3 | YVONNE BURDEN , sister of Crystal Burden | 12/20 | DANIEL O'NEILL TOLEDO , son of Kathleen O'Neill |
| 12/4 | JESSE ARATOW , son of Susanna Hoffman | 12/20 | EUGENE BONACCI , brother of Meredith Bonacci |
| 12/4 | MEGAN YODER , sister of Kyle Yoder | 12/21 | DAVID ALEXANDER , brother of Farah Alexander |
| 12/4 | SETH KAHN , son of Debbie & Harold Kahn | 12/21 | MELISSA AVRIN , sister of Andrew Avrin |
| 12/5 | GLENN SPELLER JR. , son of Glenn Speller Sr. | 12/22 | JACOB PAUL ROBINSON-SWEET , son of Gail Robinson |
| 12/5 | MEGAN SMITH , daughter of Ann Smith | 12/22 | MATT BEHAN , brother of Chris Behan |
| 12/6 | AARON BENVENISTE , grandson of Susan & Richard Rosenbluth | 12/23 | JON MICHAEL CAMINITI , son of Charles & Linda Caminiti, brother of Jacqueline Caminiti |
| 12/6 | DESIRA (Desi) PACUK , sister of Nikkie Pacuk | 12/26 | ETHAN WASSERBERGER , son of Simon & Cynthia Wasserberger |
| 12/6 | YEHUDA MILSTEIN , son of Edith Bayne, brother of Ilana Milstein | 12/26 | OWEN MULLER son of Jane K. Muller |
| 12/7 | JOHN BARNES , son of Hana Barnes | 12/27 | NORBI MORGENSTEIN , son of Gary Morgenstein |
| 12/7 | RYAN THOMAS , son of Jacqueline Thomas Kilbane | 12/28 | SCOTT LACROIX , brother of Kendra Lacroix |
| 12/8 | SAMMY COHEN ECKSTEIN , son of Amy Cohen & Gary Eckstein | 12/29 | ARTURO LAULO , brother of Luz Laulo |
| 12/10 | JONAH HENIG , son of Abby Henig | 12/29 | CALEB SANDE , grandson of Renee & Hervey Sande |
| 12/11 | JAMES PATRICK (Jimmy) SINISI , son of AnneMarie Sinisi | 12/29 | NASIR NEWSOME , son of Sharhon Newsome |
| 12/11 | MIKE CHARY , brother of EllaRose Chary | 12/29 | VALDING DURAN , son of Milagros Bueno |
| 12/13 | CAMDYN JAYEL DUCKWORTH , daughter of Tiffany Clark | 12/30 | ETHAN HOLDER , son of Beverly Holder |
| 12/14 | AMELIA (Yannie) CORBETT , sister of Sara Corbett | 12/30 | MICHAEL McGOVERN , son of Harri Molese |
| 12/14 | DUSTIN TUNICK , son of Jenifer Kelly | 12/31 | JOEY HOLLIDAY , son of Billy & Terry Holliday |
| 12/14 | DYLAN BISCH , son of Eileen Eck | 12/31 | ROBERT WILLIAMS JR. , son of Kimberly Hatwood |
| 12/14 | LISA WEINER , sister of Abby Moller | 12/31 | RUSSELL FERBER , son of David Ferber & Dorothy Jordon, brother of Jordon Ferber |
| 12/14 | MATTHEW SADI , son of Sheri & Tzuri Sadi | 12/31 | WILLIE GWATHMEY , brother of Katie Gwathmey |
| 12/14 | MICHAEL MOUSSA , son of Mariam Moussa | | |
| 12/15 | BRANDON MYERS , brother of Rachel Myers | | |
| 12/15 | HAYLEE LABBAN , daughter of Penelope Coward | | |
| 12/15 | THOMAS ROBERTS , brother of Victoria Roberts-Wierbowski | | |



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to tcfmanhattan.nyc@gmail.com and tell us what needs to change.

Dan Zweig



OUR CHILDREN—LOVED AND REMEMBERED
DECEMBER ANNIVERSARIES



12/2 **JONATHAN MOORE**, son of Ron & Ronnie Moore
12/2 **SAVANNAH WIGGINS**, daughter of Dolores Wiggins
12/2 **SUZANNE ZHOU**, sister of Susan Zhou
12/2 **ZOIE BENNETT**, daughter of Zachary Bennett
12/3 **HENRY SZOR**, son of Eva Grin
12/3 **VYLETTE MOON**, daughter of Jackie Hakiki
12/4 **ROBERT PATRICK JENKINS**, son of Barbara Jenkins, brother of Cheryl
12/6 **ALEX HARRY SINGER**, son of Susan & Lewis Singer
12/6 **DYLAN JOSEPH MAIDA**, son of Lisa Burns & Sal Maida
12/8 **DYLAN RANDALL**, son of Yenya & Robert Randall
12/8 **JADEN MAXWELL THOMAS**, son of Louise Thomas, brother of Tanya
12/9 **AREIS GORDON**, son of Joselyn Gordon
12/9 **SHONEN CHAMBERS**, brother of Tiffani Chambers
12/10 **CHRISTOPHER ROTH**, brother of Stephanie Roth
12/10 **JOHN HULWIYA**, brother of Vanessa Hulwiya
12/10 **ZUNILDE (ZUNNY) MARTE**, daughter of Victor Marte
12/11 **HARRY GANDEL**, grandson of Karen & Meyer Gross
12/11 **JONAH HENIG**, son of Abby Henig
12/12 **CALLIE LONG**, daughter of Jackie Long
12/12 **CIANNA L. ALEXANDER**, daughter of Rebecca Harper-Alexander
12/12 **DANNY VOLEN**, brother of Raizy Volen
12/12 **PAULA VOLEN**, daughter of Raizy Volen
12/12 **SHANA DOWDESWELL**, daughter of Laurie & Roger Dowdeswell
12/13 **ALAN MYL** son of Joanne Myl
12/13 **AMBER ASHTON**, daughter of Tom & Eleanor Ashton
12/13 **GEORGE DAVID MARAS**, son of Marilyn Maras
12/14 **DANNY MAZRAANI**, brother of Mona Mazraani
12/14 **JIMMY ARMSTRONG**, brother of Siobhan Armstrong
12/15 **JEFFREY VANCHIRO**, son of Sylvester (Sly) Vanchiro
12/15 **JOSE SANFORD**, son of Yolanda Rosado Ortiz & Gloria Perez
12/16 **DARIA NORTON**, daughter of Charlotte Savino & Lee Norton
12/18 **ALEX BIBLER**, son of Lindsay Bibler
12/18 **ARON LINDELL**, son of Julie Lindell

12/18 **CHRISTOPHER DOMBROWSKI**, brother of William & Brianne Dombrowski
12/18 **DESTINI DOYLE**, daughter of Annette & Kendall Doyle
12/19 **JOSHUA ROBERT ESFORMES**, son of Susan Esformes, brother of Jacob
12/19 **JUSTIN ALMON** brother of Kristina Adam
12/19 **ROBERT RODRIGUEZ**, son of Caroline Linares
12/20 **TATE RAMSDEN**, brother of Ashley Ramsden
12/20 **TROY O. MEYERS** son of Claudette Hannibal
12/21 **BAYLIN CODDINGTON**, son of Debra F. Coddington
12/21 **JUDAH BRYNDAL**, son of Dusty & David Bryndal
12/22 **GREGORY ROTH**, brother of Stephanie Roth
12/22 **TODD C. FIORE**, son of Yvonne Fiore
12/23 **AMANDA RUSSELL**, sister of Katie Turner
12/23 **QUENTIN MUNDY**, son of Terri Mundy
12/24 **ADAM AZZOLI**, son of Amanda Azzoli
12/24 **DANIEL O'NEILL TOLEDO**, son of Kathleen O'Neill
12/24 **MONTE JONATHAN GOLLUB** son of Ellie Gollub
12/24 **RENZO SCHNIPPER**, son of Matthew Schnipper and Marla Farina
12/24 **RICHARD CONLEY**, son of Phyllis Conley
12/25 **CHARLIE SINISI**, son of Ann Marie Sinisi, brother of Kelly and Dawn and the late Jimmy Sinisi
12/25 **DAVID LANG BAREK**, son of Peggy Lang
12/25 **LILY, SARAH & GRACE BADGER**, daughters of Madonna Badger and Matt Badger
12/25 **ROBERT SULKOWSKI**, brother of Sarah Sulkowski
12/27 **SAIGIA BRON**, daughter of Florence Layayette
12/27 **SANDRA CHU**, Best friend of Emanuel Veras
12/27 **THOMAS ROBERTS**, brother of Victoria Roberts-Wierbowski
12/28 **ANDY PERSAUD**, son of Dennis Persaud, brother of Andrea Persaud
12/28 **NASIR NEWSOME**, son of Sharhon Newsome
12/29 **PAULINE FUCHS**, daughter of Carolin Fuchs & Rene Groth
12/30 **KELLY ERIN GRAVES** daughter of Gail Graves
12/31 **IAN BOSIN**, son of Judy Neustadter
12/31 **LIAM ARDEN**, son of Esther and Patrick Arden





OUR CHILDREN—LOVED AND REMEMBERED

JANUARY BIRTHDAYS



1/2 **LAURA LEVIS**, daughter of Georgia & William Levis
1/2 **LUCY GRAVES**, daughter of Edward Graves
1/3 **BRIAN MARC LIPTON**, son of Nancy & Charles Lipton
1/5 **BENJAMIN TELUSHKIN**, son of Joseph & Dvorah Telushkin
1/5 **MICHAEL MOSS**, son of Michaela & Bob Moss
1/5 **NOELLE QUARANTA**, sister of Meredith Bonacci
1/5 **RUTH DOUGHTY**, sister of Louise Doughty
1/7 **CAMERON NICHOLLS**, son of Stephanie Moore Nicholls
1/7 **JAQUELINE AHERN**, niece of Nan Ahern
1/7 **OSCAR JOAQUIN**, son of Dru Levasseur
1/8 **CHRISTINE EBERT**, daughter of Judy & John Ebert
1/8 **ELLIOT CALVIN COPP**, son of Ariel Marie Pierce & Aaron Copp
1/8 **JENNIFER BLANCHE BYRD**, daughter of Claudia Byrd
1/8 **JOCELYN REED**, daughter of Cynthia Powell
1/10 **MICHAEL STEIN**, son of Eric Stein
1/11 **BRYAN KELLY**, son of Sean Kelly
1/11 **JESS ILIAS**, son of Chris Clavelli
1/12 **JOHN MARZANO**, son of Claire Martino
1/12 **JONATHAN MOORE**, son of Ron & Ronnie Moore
1/13 **CHRISTOPHER JAMES ROUCH**, son of Kathy Rouch
1/13 **JOSE SANFORD**, son of Yolanda Rosado Ortiz & Gloria Perez
1/13 **MICHAEL RATH**, son of Kathy Rath
1/14 **ANTHONY SANCHEZ**, son of Deborah Sanchez
1/14 **BRIAN CULLIMORE**, son of Teresa Cullimore
1/14 **CHARLENE ALVAREZ**, daughter of Charlie Alvarez
1/14 **DAVID GIBBS**, son of Ann Gibbs
1/15 **ARA DYMOND**, son of George & Linda Torosian Dymond
1/15 **MARIA CUNARD**, sister of Angela George
1/16 **AMOL VADEHRA**, brother of Mallika Vadehra

1/17 **KIARA KHARPERTIUM**, sister of Devin Kharpertium
1/17 **PAMELA SUE CHAIKEN**, daughter of Sandy & Lionel Chaiken, sister of Stephanie
1/17 **PHILIP SULZER**, son of Barbara & Burton Sulzer, brother of Lisa
1/18 **STEPHANIE GUBIN**, daughter of Rita Mittman
1/19 **VINCENT MONACO**, brother of Charles Monaco
1/20 **JONATHAN TARA**, son of John & Mary Tara
1/21 **CHARLIE CAMPDERRICH**, son of Jody Campderrich
1/21 **LISA WEBB**, sister of Janine Clancy
1/21 **YVONNE LAURICE AJAKIE**, daughter of Evelyn Rabi
1/22 **KEITH DANIEL**, son of Linda Daniel Finer
1/23 **ADRIAN V. ROSAS**, son of Alejandra & Adriano Rosas
1/24 **ALEX KNEPPER**, son of Lisa & Emanuel Psychojos
1/24 **ERIC ROSENBERG**, son of Sharon Rosenberg
1/24 **LATASHA ALCANTARA**, daughter of Anita Guy-Martin
1/24 **MICHAEL AARONSON**, son of Dorothy Aaronson, brother of Robert Aaronson
1/25 **KELLY ERIN GRAVES**, daughter of Gail Graves
1/26 **DAVID 'JESSE' REISSMAN**, brother of Phil Reissman
1/26 **FRANCISCO JAVIER**, son of Doris Cales
1/26 **SONU ADAMS**, daughter of Una Chaudhuri & Michael Adams, sister of Nathaniel Adams
1/27 **JEFF CARPENTER**, son of Donna Carpenter
1/27 **JOHN THOMAS (TOMMY) VIGORITA**, son of Patricia Vigorita
1/27 **ROBBIE LAWRENCE**, son of Keisha Lawrence
1/27 **WILL EARLE**, son of Nancy Earle
1/29 **EREZ KLEIN**, son of Rachel Gordon
1/30 **JIMMY ARMSTRONG**, brother of Siobhan Armstrong
1/31 **AHREN JUDE KARRAN SINGH**, son of Rondha-Ann Lam
1/31 **ELLIS ZIMMERMAN**, son of Anna Ellis & Benjamin Zimmerman



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to tcfmanhattan.nyc@gmail.com and tell us what needs to change.

Dan Zweig



OUR CHILDREN—LOVED AND REMEMBERED JANUARY ANNIVERSARIES



1/1 **MATTHEW SADI**, son of Sheri & Tzuri Sadi
 1/2 **BRADLEY CHAIN**, son of Herbert Chain
 1/3 **AMIAS**, son of Samantha Diaz, nephew of Jasmine Burney
 1/3 **BARBARA STRAUSS**, sister of Joanne Shapiro
 1/3 **PHILIP GOODFRIEND**, son of Debbie Goodfriend
 1/3 **STUART MILLER**, son of Nancy Morgan
 1/3 **WILLIAM FISHER**, son of Sally A. Fisher
 1/4 **JASON KLEIN**, son of Jeanette LaBarb
 1/4 **LOUIS DEDAJ**, brother of Victor Dedaj
 1/4 **MARK H. IHDE**, son of Linda & Don Ihde
 1/4 **ROBBIE LAWRENCE**, son of Keisha Lawrence
 1/5 **NOELLE QUARANTA**, sister of Meredith Bonacci
 1/6 **ARA DYMOND**, son of George & Linda Torosian Dymond
 1/7 **JAKE GOLDBERG**, son of Gene Goldberg, brother of Ben Goldberg
 1/8 **AVA NASCIMENTO**, granddaughter of Eugenia Nascimento, niece of Laura Jones
 1/8 **JASON R. CHIN**, son of China Chin
 1/9 **CAROLINE MONTGOMERY**, daughter of Catherine Montgomery
 1/10 **ELLIOT CALVIN COPP**, son of Ariel Marie Pierce & Aaron Copp
 1/10 **INSANN LAWLOR**, son of Serena Bhaduri
 1/11 **ANYA GABRIELA KUPPERSMITH**, daughter of Judith Kuppersmith
 1/11 **SAM BERGER**, son of Marla & David Berger
 1/12 **CHARLOTTE MILLER**, daughter of Caitlin Felton & Barney Miller, sister of Clara
 1/13 **WONDER HAMILTON**, daughter of Gary & Jennifer Hamilton
 1/14 **CASEY CRUZ**, daughter of Ibelka Cruz
 1/14 **CHRISTOPHER MURPHY**, brother of Nina Murphy
 1/16 **SANDY SMITH**, sister of Cindy Smith
 1/18 **DAYLE HENRY GRUBER**, son of Hank Henry
 1/18 **LISA WEBB**, sister of Janine Clancy



1/19 **JENNA AGULE**, sister of Devon Agule
 1/19 **ROBERT GOODEN**, son of Tonya & Frank Gooden
 1/20 **ELIZABETH HANAU**, daughter of Marsha Hanau
 1/22 **CHANDI PYTOWSKI**, daughter of Rosanne Cosentino & Bronek Pytowski
 1/22 **MAGGIE GOWELL**, daughter of John & Rosanna Gowell and sister of Jesse
 1/22 **MICHAEL RATH**, son of Kathy Rath
 1/23 **ALEX WITONSKY**, brother of Ava Witonsky
 1/23 **FRANCISCO JAVIER**, son of Doris Cales
 1/23 **HUNTER MARSHAD**, grandson of Erica & Neal Marshad
 1/23 **JAMES MONTGOMERY**, son of Denise Montgomery
 1/23 **VICTOR CHEN**, son of Vivien Chen
 1/24 **JAMILA IRONS-JOHNSON**, daughter of Jeannine Irons
 1/25 **ADAM RAPOPORT**, brother of Lindsay Rapoport
 1/25 **ANTHONY SANCHEZ**, son of Deborah Sanchez
 1/25 **MEGAN SMITH**, daughter of Ann Smith
 1/25 **RICHARD WARNOCK**, son of Claire Warnock, brother of Susan Warnock
 1/26 **JULIO BARRERA**, son of Martha Riveira
 1/27 **JASMINA ANEMA**, daughter of Theodora Anema
 1/28 **ALEXANDER GOLDIN-KRAUS**, son of Jill Goldin
 1/28 **ALEXANDRA DISANTIS**, daughter of Margo & Frank DeSantis
 1/29 **DANIEL SNYDER**, brother of Lisa Snyder
 1/29 **JOSIAH BAAWUAH**, son of Porsha & Terry Baawuah
 1/29 **VINCENT MONACO**, brother of Charles Monaco
 1/30 **CHRISTOPHER KWIK**, brother of Sharon Kwik
 1/30 **RICK HOWELL**, brother of Annie Howell
 1/31 **EUGENE BONACCI**, brother of Meredith Bonacci
 1/31 **MATTHEW GOODSTEIN**, son of Ann Goodstein
 1/31 **ZACH HOWELS**, brother of Matt Howels



TCF WORLDWIDE CANDLE LIGHTING

Sunday, December 11, 2022

Ceremonies begin at 6pm sharp—candles lit at 7pm in Manhattan

[Click here for more information about the Manhattan Event and about submitting photos for the event](#)

| THE COMPASSIONATE FRIENDS CHAT SCHEDULE. Click here to display exact times and to see entire schedule | | | | The Compassionate Friends National Office 48660 Pontiac Trail #930808, Wixom, MI 48393 Toll Free (877) 969-0010 www.compassionatefriends.org email:nationaloffice@compassionatefriends.org |
|--|--|---|---|---|
| ET | MORNING | EARLIER EVENING | LATER EVENING | |
| MON | Parents/Grandparents/Siblings | First time CHAT orientation | General Bereavement Parents/Grandparents/Siblings | WE NEED NOT WALK ALONE TCF Online National Magazine Click here for Information |
| TUE | | Loss to Substance Related Causes First time CHAT orientation | Bereaved less than 2 yrs Bereaved more than 2 yrs | |
| WED | Parents/Grandparents/Siblings | First time CHAT orientation | General Bereavement Parents/Grandparents/Siblings | MARK YOUR CALENDARS! Our next Chapter meetings are the 3rd Tuesday of each month: DEC 20 JAN 17 FEB 21 MAR 21 |
| THU | | No Surviving Children First time CHAT orientation | General Bereavement Parents/Grandparents/Siblings | |
| FRI | General Bereavement Parents/Grandparents/Siblings | Pregnancy/Infant Loss | General Bereavement Parents/Grandparents/Siblings | Newsletter article submissions are welcome. Please email to marielevine2@verizon.net |
| SAT | | | General Bereavement Parents/Grandparents/Siblings | |
| SUN | | Suicide Loss | General Bereavement Issues Parents/Grandparents/Siblings | MAKE A DONATION Click here to Donate to the Manhattan Chapter |

OUR COMPASSIONATE FRIENDLY NEIGHBORS

| | | | | | |
|--------------------|---------------|----------------|---------------------|------------------|----------------|
| Babylon | 1st Friday | (516) 795-8644 | Rockville Centre | 2nd Friday | (516) 766-4682 |
| Bronx | 2nd Tuesday | (914) 714-4885 | Rockland County | 3rd Tuesday | (845) 398-9762 |
| Brookhaven | 2nd Friday | (631) 738-0809 | SmithPoint/Mastic | 2nd Thursday | (631) 281-9004 |
| Brooklyn | 3rd Wednesday | (917) 952-9751 | Staten Island | 2nd & 4th Thurs. | (718) 983-0377 |
| Flushing | 3rd Friday | (718) 746-5010 | Syosset (Plainview) | 3rd Friday | (718) 767-0904 |
| Manhasset | 3rd Tuesday | (516) 466-2480 | Twin Forks/Hamptons | 3rd Friday | (646) 894-0317 |
| Marine Park, Bklyn | 3rd Friday | (718) 605-1545 | White Plains | 1st Thursday | (914) 381-3389 |
| Medford | 2nd Friday | (631) 738-0809 | | | |

PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

24/7 PRIVATE FACEBOOK GROUPS

[TCF – Loss of a Child](#)
[TCF – Loss of a Stepchild](#)
[TCF – Loss of an Only Child/All Your Children](#)
[TCF – Multiple Losses](#)
[TCF – Daughterless Mothers](#)
[TCF – Men in Grief](#)
[TCF – Bereaved LGBTQ Parents with Loss of a Child](#)
[TCF – Bereaved Parents with Grandchild Visitation Issues](#)
[TCF – Loss to Miscarriage or Stillbirth](#)
[TCF – Infant and Toddler Loss](#)
[TCF – Loss of a Child 4 -12 Years Old](#)
[TCF – Loss of a Child 13-19 Years Old](#)
[TCF – Loss of an Adult Child](#)
[TCF – Loss of a Child with Special Needs](#)

[TCF – Loss of a Grandchild](#)
[TCF – Grandparents Raising their Grandchildren](#)
[TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild](#)
[TCF – Loss to Long-term Illness](#)
[TCF – Loss to Cancer](#)
[TCF – Loss After Withdrawing Life Support](#)
[TCF – Loss to Mental Illness](#)
[TCF – Sudden Death](#)
[TCF – Loss to Suicide](#)
[TCF – Loss to Homicide](#)
[TCF – Loss to Substance Related Causes](#)
[TCF – Loss to a Drunk/Impaired Driver](#)
[TCF – Grieving with Faith and Hope](#)
[TCF – Reading Your Way Through Grief](#)

The Compassionate Friends
c/o Sally Petrick - Treasurer
945 West End Ave Apt 2B
New York, NY 10025

Making a Donation—Now Online

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings.
You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)