



The Compassionate Friends
Manhattan Chapter
 Supporting Family After a Child Dies

Our next meetings...
Nov 21
Dec 19
Jan 16
Feb 20

Manhattan Chapter Newsletter **November 2023**

OUR NOVEMBER 21ST MEETING IN-PERSON

We will be in-person only November 21st. Still working to figure out how and when we can work in on-line meetings. It's by far worth the extra effort to come in-person, but we recognize not everyone can.

FIVE YEARS

The other night my husband and I were discussing our "new life". We do this often as we continue in our fifth year without Marc, not so much to try to make sense of all this but rather to encourage ourselves to move forward in as positive way as we can.

Norm asked me why it was that we find it difficult to be back in our old circle of friends. We know they would be happy to see us. We know it is our decision not to go. I said it's because we cannot talk about Marc and so much else about our life as it is now. I said that superficial conversation leaves me cold. Norm summed it up by saying that, once you decide to spend your time and your effort on a regular basis with new friends who have also lost children, there is not enough energy left to deal with the niceties required to conduct social life on an ongoing basis as we used to know it. He's right. When you boil it all down, that is the answer. It is an answer that contains many complexities.

Our friends are still good people, and we still see them from time to time. But we are not as interested, if at all, in most of what gets talked about. People do not say what is

(con't on page 2)

We are living in very, very challenging times. Wars are raging in the world. Hatred is on the rise everywhere. It seems all of humanity is wondering where we are and where we're headed. Calamity is everywhere and I think of all the families struggling with their sudden, unbelievable reality. I remember only too well what that was like for me. Though I am decades from the beginning of this sad journey, current events have brought the pain, confusion and desperation of those early days front and center to my current daily reality. I suspect I am not alone in reliving the pain and disbelief I wrote about in 2004.

WHERE AM I?

Eleven years ago, I woke up in a strange and unfamiliar place. It was almost as if I had tumbled through a time warp where nothing was familiar and everything seemed out of sync.

It was dark, confusing and painful. My balance was off and my thought process was tangled. People spoke to me but while their lips moved the sound didn't match the movement and the words came from a great distance. It was hard to breathe. Where am I? I thought.

Peter, my most cherished, handsome, funny, only child, was dead, killed in a monstrous automobile accident that left the driver and his other passengers only dazed. How could that be? It was impossible. Trying to wrap my floundering mind around the possibility took a superhuman effort that left me exhausted and immobile. I was surely in a dream from which I thought I would eventually waken. But I never did. Instead, during the past decade, I learned to live a whole new life in a totally different place.

What was amazing then was that the world still turned and people continued to go about their daily lives. The sun still rose and set. The news came on every day. Things were happening

(con't on page 2)

SAVE THE DATE
WORLDWIDE CANDLE LIGHTING
Sunday, Dec. 10, 2023

TELEPHONE FRIENDS: When you are having the kind of day you feel only another bereaved parent or sibling can understand, we can listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: tcfmanhattan@gmail.com
 TCF MANHATTAN website: www.compassionatefriends.nyc
 CO-CHAPTER LEADERS: **Dan Zweig:** danzweigtcf@gmail.com
Jordon Ferber: beatniknudnik@yahoo.com
 "Our Children" editor: **Dan Zweig:** danzweigtcf@gmail.com
 Newsletter Editor: **Marie Levine** marielevine2@verizon.net

THE COMPASSIONATE FRIENDS MEETINGS are now monthly - always the third Tuesday of the month
WE MEET AT 7:00pm—arrive or sign on at 6:45pm
 This month, Nov. 21, 2023, we will be meeting only in person at the Fifth Avenue Presbyterian Church
55th Street and Fifth Ave (enter at 7 West 55th St.)

The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.

FIVE YEARS

(con't from page 1)

really in their hearts. We have shared with them our deepest despair. They talk about the stock market. I tell them of my small miracles. They talk of weddings and graduations. I talk of my children. They clam up. It sure is different. These are not bad people. It could happen to me. It could happen to them. They have heard enough, and I know they hurt too. But not the way I do. I am so much better than I was but not where they are – and I never will be: my life more or less intact, my family together. This seems a barrier too steep to climb, or it takes too much effort from both sides. I suppose I am jealous and perhaps sometimes irreverent about their concerns.

They seem inconsequential to me now; they would not have before. They haven't changed; I have. I have taken that left turn on the new road. Now my life goes in a different direction. I can't go back. I must, with much effort, build a new life that will be rewarding, happy and as fulfilling as possible. I do that with my new friends who have stood by my side for all these years.

I like my new life; surely not as well as my old life, but I like it. It is beginning to be comfortable, although there are times on this new road when I do not easily know where to turn. It is as they say, "the road less travelled", but it is still a worthwhile and satisfactory road that is filled with the unexpected blessings of many new friends and relationships. Yes, I have accepted that fork in the road, it just sometimes remains a little bumpy.

Toby Eisenberg, TCF San Diego

RESOURCES

A Caring Hand

<https://www.acaringhand.org/>

Meets bereaved children and families wherever they are in their grief and fulfills their needs in a caring and knowledgeable environment through comprehensive programming including counseling, support, research, outreach, consultation and crisis response.

Camp Good Mourning! www.campgoodmourning.org

Provides free bereavement camp programs for Long Island children, ages 7 – 17, who are coping with the death of a parent and/or sibling.

SIBSPlace <https://www.sibsplace.org/>

Offers a six week support group session for children who have lost a sibling or a parents to a devastating illness

Center for Complicated Grief <https://complicatedgrief.columbia.edu/professionals/complicated-grief-professionals/overview/>

Improves the lives of complicated grief sufferers through fostering continued innovative research and through public outreach that includes raising awareness of complicated grief, reducing stigma and other misconceptions, and training professionals.

COPE Foundation <http://www.copefoundation.org/>

Helps parents and families living with the loss of a child

Pregnancy Loss Support Group <https://www.pregnancyloss.org/>

Focuses on supporting mothers and fathers who have experienced miscarriage, stillbirth, or newborn death.

WHERE AM I?

(con't from page 1)

in the world that I once knew but I was stuck in this strange place that looked the same but had become totally unfamiliar. Where the heck was I?

I needed to find out where I was. Someone had given me a book written by another bereaved parent. There must be other books on the subject, I thought. I headed to the bookstore. Maybe someone else has been through this. Maybe someone else has written something about it. So I immersed myself in the few titles that existed at the time. I read whatever I could find about being a bereaved parent. In those first few weeks, I actually thought that understanding what had happened would help me to believe what had happened. It's been eleven years. I've read what so many others have written. I've even written a book myself. It has definitely helped. Yet some days, even now, I still don't believe it.

Today, every time I hear of another calamity I am brought face to face with my own early torment. I know just what is happening to the families of the latest victims and I can feel their pain. I want to reach out to them and assure them they can, and will, survive. We live today in an even more treacherous world than we did eleven years ago. Disaster seems to be waiting everywhere. Children seem more vulnerable to me than ever before. I want desperately to protect them and I want even more desperately to embrace those who must deal with the horror of losing their children, and assure them that as monstrous an ordeal as surviving is, those of us who are on the same journey are here to catch them as they fall through this time warp of tears.

The holiday season is a particularly painful time for bereaved families. The pressing absence of a beloved child during this relentless season of unmitigated joy brings on a despair that cannot be imagined by the uninitiated. And it is an added burden to know that our sadness can be particularly unwelcome to those who carelessly celebrate the season. But those of us who inhabit this changed world can take some small comfort in at least being able to share our stories of loss and love with each other. Knowing that in sharing our experiences we give each other the gift of recognition. Recognizing similar feelings and responses is a comfort. It is a comfort too, to know, as we learn about where we are, that we are not alone. That in this new world our children and our endless love for them, continues. Loud and clear, we tell our stories, and sometimes, those who still inhabit the world we once knew, stop for just a moment, to remember, to light a candle, and to care.

My most sincere wish to all of my compassionate friends, for a holiday season of hope and peace.

~ Marie Levine, 2004

~ Molly Fumia, from "Safe Passage"

"I marvel that I have not come apart. Yes, actually disintegrated. I imagine my molecules stretched to the limit, breaking up, and the bits of me simply floating away.

What has held me together? Has it been others who have kept the parts of me from straying? If that is so, I'm thankful for their attention, and quick hands, I suppose. But still I sense in myself some lurking power. Perhaps I'm better glued together than I thought".

MEMORIES

The certain special memories that follow me each day, cast your shadow in my life in a certain way.

Sometimes the blowing wind or the lyrics of a song, make me stop and think of you, sometimes all day long.

Memories are good to have. To share and keep in my heart, just knowing that you're still inside makes sure we'll never part.

~ Collette Covington
Lake Chares, LA

Halloween Magic

Halloween has always been a special holiday time. I regret that our son only had a one time experience at this magical time of year. I remember as though it were yesterday, the wonder in his face, how he tried to eat the candy through his mask, how he said thank you without coaxing.

Then I think of all the parents whose child never had the opportunity and I am grateful for that one time. It's hard watching all the other children trick-or-treating and yet there is something special about this season that comforts me.

As I watch the trees around me, I am reminded that there is a beauty even in their drying leaves. There's a special aroma, a breath-taking color scheme, and if you listen, a rustling in the air. I believe there is a message in fall. I believe God wants us to know that death is like a change of season, that our children now know far more beauty than we can ever imagine. Like the tree that lives on through the barren winter and comes alive again in spring, our children are not gone.

THEY LIVE!

~ Nancy Cassell, TCF Monmouth Co., NJ



Meaningful grief support within the comfort of your own home plus access to the recording for 90 days.

THANKSGIVING OF LIFE

Only a month after Daniel's death, Thanksgiving arrived full of symbols of plentiful harvest and thankfulness while we felt bereft of everything. We fled to Maryland. There, among the many places around my sister's table, Daniel's empty place stood out less starkly than at home. Love and family pressed around to hold back the despair and the loneliness. Though we could not feel the spirit of Thanksgiving, we did appreciate the support and caring of our family. We marveled that any positive feelings were able to emerge.

Upon our return to New Jersey, we were greeted by a neighbor flushed with surprise and excitement. During our absence, Daniel's dog, Puffy, had given birth to three puppies – in her powder room! Our caring neighbor had served as midwife throughout the night of their birth, alternately crying for the loss of Daniel and laughing with the joy of new life.

That Thanksgiving, eleven years ago, held many special messages for us: messages of love, family, neighbors and giving. Greatest of all was the message of life. Though we went away, we could not flee the holiday or the pain of separation; we could not run from life. It was waiting for us at my sister's. It was waiting for us upon our return. Yet, a long time passed before we could accept living again. Puffy's puppies, however, were a beginning. As they nibbled our fingers or wet on the carpet, they caused us to care about them and their antics. Their damp noses and velvet ears helped us to feel something beyond the pain of Daniel's death. When they grew, they forced us to interact with the community through searching for their adoptive families. We also practiced letting go as each puppy left.

For us, the holidays are again happy occasions for the same reason they were originally difficult. Holidays are days set aside for love, togetherness, sharing and families. The death of a child turns those wonderful aspects of holidays into pain. What we discovered that Thanksgiving is that even with the pain comes the beginning of healing from the love, togetherness, sharing and families that holidays include.

So, change your routine or surroundings this Thanksgiving, but do not try to flee from life. Life is the pathway to recovery. Allow yourself the reassurance of feeling life's healing power this holiday. Happy Thanksgiving!

~ Marcia F. Alig, TCF, Mercer County, NJ

The Compassionate Friends is hosting an online event for bereaved parents, siblings and grandparents to receive care, support, and helpful information from others who understand. Join us on November 11, 2023, from 11:30 am ET - 7:30 pm ET for this exceptional event. This gathering will include workshops with a variety of grief topics, as well as recordings of our Keynote Presentations from TCF's 46th National Conference in Denver that was held this past summer.

[More Information](#)

Registration Fee: \$125

FOR THAT I AM THANKFUL

It doesn't seem to get any better...but it doesn't seem to get any worse
For that, I am thankful.

There are no more pictures to be taken...but there are memories to be
cherished.
For that, I am thankful.

There is a missing chair at the table... but the circle of family gathers
close.
For that, I am thankful.

The turkey is smaller, But there is still stuffing.
For that, I am thankful.

The days are shorter. But the nights are softer.
For that, I am thankful.

The pain is still there... but it only lasts moments.
For that, I am thankful.

The calendar still turns, the holidays still appear. And they still cost too
much. But I am still here.
For that, I am thankful.

The room is still empty, the soul still aches. But the heart remembers.
For that, I am thankful.

The guests still come, the dishes pile up. But the dishwasher still works.
For that, I am thankful.

The name is still missing, the words still unspoken. But the silence is
shared.
For that, I am thankful.

The snow still falls, the sled still waits and the spirit still wants to.
For that, I am thankful.

The moment is gone. But the love is forever.
For that, I am blessed, for that I am grateful.

Love was once (and still is) a part of my being.
For that, I am living.

I am living. And for that, I am thankful.

May your holidays be filled with reasons to be thankful. Having loved
and having been loved is perhaps the most wondrous reason of all.

~ Darcie Sims, 1992

THE FIRST THANKSGIVING

Today is Thanksgiving Lord
And I don't know what to say.
On June fifteenth of this fractured year
you took my son away.
Why should I be giving thanks?
It makes no sense to pray.
If you were listening to my prayers,
you would have let him stay.

I have wonderful friends and relatives Lord.
Still, it's very tough.
I love each and every one of them,
and yet it's not enough.
The pain is unbelievable - it cuts right through my
soul.
Although my family helps me cope,
we are no longer whole.

Could you send a sign Lord,
that Heaven does exist?
Is my child at peace in a better place?
not cursed by you but kissed?
If I could give thanks once again,
if I knew he was safe and well,
and in spite of the hole in my broken heart,
survive this endless hell.

~ **Madelaine Perri Kasden**,
TCF, Manhattan, 1995
In loving memory of her son, **Neill Perri**

Speaking Love

Thoughtful mornings in November,
winter gray and chill at twilight.
Soon there will be colored candles,
Soon there will be celebration.

Do not force your heart from sorrow
at this time of happy splendor:
this is also time for speaking
love to dead and silent children.

~ the poems of **Sascha Wagner**

Gifts of Love

A Love Gift is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

Passing the Basket – We raise needed funds at each meeting by passing a basket for voluntary contributions at our in-person meetings. We are so glad to hold online meetings whenever possible, but there is no 'basket' at our online meetings. If you are able to, whenever you can as an online participant, please help and make a 'Basket' contribution to help our organization.

Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.

Recommended reading...

- ◆ The Bereaved Parent by Harriet Sarnoff
- ◆ First You Die by Marie Levine
- ◆ Talking to Heaven by James Van Praagh
- ◆ Beyond Tears by nine mothers
- ◆ Love Never Dies by Sandy Goodman

⇒ take advantage of the book list on the TCF website www.compassionatefriends.org

⇒ go to www.centeringcorp.org, for an extensive list of resources for ALL those grieving for every possible reason – for parents, grandparents, siblings, mothers, fathers, teens, children...because of sudden death, accident, long term illness, infant loss, miscarriage, homicide, substance abuse, etc.

Reading other bereaved people's stories helps us. Take advantage of these resources. Discovering how much of what we feel is being experienced by fellow travelers helps us understand the process and restores hope.

...to our new members

Attending your first meeting is the hardest thing to do. But you have nothing to lose and everything to gain. Try not to judge your first meeting as to whether or not TCF will work for you. Often, it is the second, third or fourth meeting where you will find just the right person or the right words said that will help you along in your grief.

...to our long standing members

We need your encouragement and continued support. You are what ties our group together. Sadly, each meeting brings new parents. *THINK BACK*... what would it have been like for you if there had not been any "oldtimers" to welcome you and share your grief and encourage you and tell you that in time, the pain will soften...with time, there is hope.

~ ~ ~

The Compassionate Friends Credo

We need not walk alone.

We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

Our children have died at all ages and from many different causes,

but our love for our children unites us.

Your pain becomes my pain just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races and creeds.

We are young and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh,

and so intensely painful that we feel helpless and see no hope.

Some of us have found our faith to be a source of strength; some of us are struggling to find answers.

Some of us are angry, filled with guilt or deep depression; others radiate an inner peace.

It is pain we will share just as we share the love for our children.

We are all seeking and struggling to build a future for ourselves,

but we are committed to building a future together as we reach out to each other

in love, and share the pain as well as the joy,

share the anger as well as the peace,

share the faith as well as the doubts,

and help each other to grieve, as well as to grow.

WE NEED NOT WALK ALONE.

WE ARE THE COMPASSIONATE FRIENDS.

~ ~ ~

Online Support from the National Compassionate Friends Website

Live Chats

The Compassionate Friends offers "virtual chapters" through an Online Support Community (live chats). This program was established to encourage connecting and sharing among parents, grandparents, and siblings (over the age of 18) grieving the death of a child. The rooms supply support, encouragement, and friendship. The friendly atmosphere encourages conversation among friends; friends who understand the emotions you're experiencing. There are general bereavement sessions as well as more specific sessions.

Click [HERE](#) for more information and a list and schedule of Live Chats.

Private Facebook Groups

The Compassionate Friends offers a variety of Private Facebook Groups. These pages cover a wide range of topics and are moderated by bereaved parents, siblings, or grandparents. They may be accessed only after a request to join is approved by a moderator.

Click [HERE](#) for more information and a list of Private Facebook Groups.

Siblings

The following is a response sent to Ann Landers by Dawn Morville Johnson, a former member of the TCF National Board of Directors.

Dear Ann Landers:

As a bereaved sibling, I was disappointed to “Anonymous in Raleigh, NC” who asked whether it would be appropriate to send her parents a card on the anniversary of her brother’s death. You advised her not to send a card, but to take her parents to dinner “with no mention of the sad anniversary.”

Bereaved parents will tell you that the one thing they want to do is talk about their child. Ignoring the anniversary of a child’s death is the same as ignoring the child’s birthday: it makes bereaved parents feel as though their child did not exist. Many bereaved parents have told me that their surviving children will not talk about their brother or sister who has died. Often this is because they are afraid of upsetting their parents. However, bereaved parents yearn to hear their children mention the dead child’s name. “Anonymous” should be encouraged in her efforts to remember the anniversary of her brother’ death by sending a card to her parents.

On the anniversary of my brother’s death, I send a special card to my parents to tell them I am thinking about them and remembering my brother. We open our hearts to each other and share our memories of him and how much we miss hm. W also put flower on his grave that day and have flowers on the church altar in his memory on the Sunday closest to the anniversary of his death. In other words, the day is not like any other day, so I don’t treat it as such. My life and my parents’ lives changed forever the day he died. Making no mention of it would only be another tragedy.

Re-entering school after the Death of a Sibling

Going back to school after the death of your brother or sister is a hard thing to go through. At first there are three groups of people to deal with: people who give you a lot of support, people who do not know what to say, and those who give you weird looks and stay away from you. This lasts for a little while. After a short time, changes with each group occur.

Those who didn’t know what to say start to speak or begin to talk. The group who kept away stop ignoring you. The people who gave you lots of support, slowly return to their own affairs. After about a month and a half, everything goes back to normal and is over to everyone except you.

This is very difficult to accept and makes you feel all the more alone. After a while the shock for you goes away and it is then that you need the support from your friends, peers and teachers.

This month is the first anniversary of the death of my brother. Most people will have forgotten and everything is right with the world. But it is not! Certainly not to my mother and me.

~ Jordan Ely, TCF, Albany, NY

BEING THANKFUL

It’s not easy being thankful when you’re no longer here. It’s not that I’m ungrateful, just that death makes life unclear.

I’m thankful for a mind that still remembers you so well, and the life we shared together left stories I can tell.

I’m thankful for the things I have, reminders of your life, Childhood drawings, baseball cards, your writings , and Scout knife.

(con’t to the right) ➡

The Compassionate Friends Sibling Credo

We are the surviving siblings of The Compassionate Friends

We are brought together by the deaths of our brothers and sisters

Open your hearts to us, but have patience with us.

Sometimes we need our families to be there.

Sometimes we must walk alone, taking our memories with us, to become the individuals we want to be.

We cannot be our dead brother or sister; however a special part of them lives on with us.

When our brothers and sisters died, our lives changed.

We are living a life very different from what we envisioned and we feel a responsibility to be strong even when we feel weak.

Yet we can go on because we understand better than many the value of family and the precious gift of life.

Our goal is not to be the forgotten mourners that we are, but to walk together to face tomorrow as the surviving siblings of The Compassionate Friends.

TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every Tuesday of the month and more.

Sign up to get our siblings schedule emails

[Click here for exclusive sibling emails](#)

TCF SIBLING CHATS

Some online chats for adult and teen siblings to share concerns and feelings are available on the TCF National website

[Click here to display the full schedule of chats for both parents and siblings](#)

I’m thankful for all family now gone, and those still here, the many friends now in my life, ‘twas death that brought us near.

Why does this season cause me pain when thankful for so much, and knowing you’re still with me, simply out of sight and touch?

Please know I’m not ungrateful if not up to holiday mirth. For I’m thankful that I shared the life you lived when on this earth.

~ Georgia Cockerham

Worldwide Candle Lighting

Sunday, December 10th, 2023

Worldwide Candle Lighting Event In Manhattan

We are searching for a place to hold our candle lighting in person.

Our event for 2023 may be virtual on Zoom. If so, it will be best viewed on a computer screen.

The Compassionate Friends - Worldwide Candle Lighting



We remember... that their light will always shine.

**** Remember - if in person...be sure to bring a framed photo of your loved one to be displayed in the ballroom during the evening.***

Important - take note!

There will be an ongoing slideshow of all our children...

**To include your loved one in this beautiful memorial, please
email your photos by DECEMBER 7TH to:**

photosmtcf@gmail.com

We suggest you send two photos - a young, "sunrise" photo and a "sunset" more recent photo.

Be sure to indicate your child's **full name exactly as you wish it to appear!**

(If you had photos in last year's slideshow, just request to use the same photos for 2023)

Gifts of Love

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OUR CHILDREN—LOVED AND REMEMBERED



NOVEMBER BIRTHDAYS

- 11/1 **BRETT DOUGLAS**, brother of Danielle Monaco
- 11/1 **FLORENCE FRAZER**, sister of Harri Molese
- 11/1 **LIAM ARDEN**, son of Esther & Patrick Arden
- 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro
- 11/2 **STEVEN SCHWARTZ**, son of Ellen Schwartz
- 11/2 **TY PICKETT**, son of Jan Pickett
- 11/3 **NICK CARIS**, son of Konstantina Caris
- 11/4 **ASHLEE D. BLAKE GUTIERREZ**, daughter of Marlene & Francisco Guttierrez
- 11/4 **DMITRI PAJITNOV**, son of Nina Pajitnova
- 11/4 **KEVIN MITCHELL**, son of Jacquie & John Mitchell, brother of Kristopher & the late Kareem Mitchell
- 11/4 **MILES ELLIOT COUGHLIN**, son of Fredricka Weinstein & Matthew Coughlin, brother of Maria Tolson, uncle of Lena Tolson
- 11/4 **TRAVIS FREEMAN**, son of Daniel Freeman & Elizabeth Morse
- 11/5 **PAULA VOLLEN**, daughter of Raizy Vollen
- 11/5 **ROSE MAYR**, sister of Anna Mayr
- 11/6 **BENJAMIN ZWEIG**, son of Sally Petrick & Daniel Zweig
- 11/7 **KELLI ANNE AULETTA**, daughter of Dick & Mary Auletta, sister of Kimberlee
- 11/7 **MALIK DUFOR**, son of Waltrina DeFrantz-Dufor
- 11/7 **MARY GIBBS**, sister of Cynthia Gibbs-Pratt
- 11/7 **MILO KESSLER**, son of Alana Fishberg & Daryl Kessler
- 11/7 **NICHOLAS SOTO**, son of Deborah Freeman & Eddie B. Soto, Jr.
- 11/8 **ADAM WEINER**, son of Susan Weiner
- 11/8 **DANNY MOONEY, JR.**, son of Danny Mooney
- 11/8 **TEVIN A. HAMPTON**, son of Patricia Lilly
- 11/9 **AIMEE GANDOUR**, sister of Molly Gandour
- 11/9 **CHRISTOPHER ROTH**, brother of Stephanie Roth
- 11/9 **ISAIAH WINCH**, son of Jesse Winch, brother of Louisa-Carpenter Winch
- 11/9 **MICHAEL RAMIREZ**, son of Michele Cennamo
- 11/9 **SANDRA PLOUFFE**, daughter of Margie & Bram Jelin
- 11/10 **DONNA MALIZIS**, daughter of Agata Malizis
- 11/10 **MATTHEW GORDON**, brother of Elizabeth Stilwell
- 11/10 **MAX JACOBSON**, son of Terry & Hugh Jacobson
- 11/11 **CONNOR LEE-KAWANISHI**, son of Choony Lee
- 11/12 **BURTON SANDLES**, son of Ina Sandles
- 11/12 **HENRY JAY**, brother of Daniel Jay
- 11/12 **YIANNIS STATHOPOULOS**, son of Kathleen Negri Stathopoulos
- 11/13 **THOMAS J. MANNO**, son of Elizabeth M. Davey
- 11/14 **CATHERINE CORENU**, daughter of Carrie Tuhy
- 11/15 **AARON HOROWITZ**, son of Allan & Liz Horwitz

- 11/15 **DYLAN RANDALL**, son of Yenia & Robert Randall
- 11/15 **JORDAN WEINSTEIN**, daughter of Wendy J. Schriber
- 11/17 **ADRIAN PURICELLI**, son of Denise Puricelli, brother of Vironika
- 11/17 **KATHLEEN BEAMER**, sister of Laura Beamer
- 11/17 **LINCOLN WHEELER-POWELL**, son of John Powell & Britta Wheeler
- 11/17 **LYLA SKYE MEDICI**, daughter of Mimi Delle Donne, sister of Meghan Matias
- 11/17 **TREVOR LOUGHLIN**, son of Suzy & Joe Loughlin, brother of Juliette Loughlin
- 11/18 **JAMILA IRONS-JOHNSON**, daughter of Jeannine Irons
- 11/19 **CRAIG MARTINEZ**, son of Louis Hampton Martinez
- 11/19 **SARA CHANGHONG ADAMS**, daughter of Muriel Adams
- 11/20 **DAVID LESSER**, brother of Debbie Lesser
- 11/20 **JEFFREY CARTER**, son of Linda Carter
- 11/21 **JACK ROBERTS**, son of Joanne Wright
- 11/22 **NICHOA WALKER**, daughter of Mazrene Holmes
- 11/23 **INSANN LAWLOR**, son of Serena Bhaduri
- 11/23 **JENNA HERNAN**, daughter of Maria Hernan
- 11/23 **TERRANCE RICHARDSON**, son of Theresa Richardson, brother of Francina Branch Elysee
- 11/24 **ARTHUR DUDIN**, son of Stan & Irina Dudin
- 11/24 **ERIK BANKS**, son of Laurene Buckley
- 11/26 **ALEXANDER MAXWELL**, son of Deanna & Kent Grant
- 11/26 **CLARISSA JACKSON**, sister of Jillian Jackson
- 11/26 **MARLA SUE COLLAZO**, daughter of Lita & Joe Robinson
- 11/26 **NOEL AMELLIO**, son of Margaret M. Amellio
- 11/27 **CASEY ACKERMAN**, son of Melissa and Hal Ackerman
- 11/27 **DANIELLE HYMOWITZ**, daughter of Karen Hymowitz
- 11/27 **ISABEL XIE**, baby daughter of Denise Chow & Wayne Xie
- 11/27 **KEVIN DEL ROSARIO**, son of Annaliza del Rosario
- 11/27 **LUCAS SCOTT**, brother of Erin Scott
- 11/27 **RED LAYNE**, daughter of Greg & Trillich Layne
- 11/28 **ALAN ROSENTHAL**, son of Lynne Rosenthal
- 11/28 **GABRIEL ROCCOFORTE**, son of Judith Weiss
- 11/28 **SEAN COYLE**, brother of Krista Coyle
- 11/28 **VYLETTE MOON**, daughter of Jackie Hakiki
- 11/29 **EVAN FRIEDLANDER**, son of Kathy Friedlander
- 11/29 **MAMADON JOHNSON**, sister of Djassi Johnson
- 11/29 **STEVE DAVOREN**, brother of Doug Davoren
- 11/29 **TREVOR MATTHEWS**, son of Angela Matthews





OUR CHILDREN—LOVED AND REMEMBERED
NOVEMBER ANNIVERSARIES



- 11/1 **JUSTIN CRAIG LEDERMAN**, son of Ruth Lederman
- 11/1 **MATT BEHAN**, brother of Chris Behan
- 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro
- 11/1 **SHANEIREE DAMES**, daughter of Vivian Richardson
- 11/1 **SKYLER CAGHLIN**, son of Seana Caghlin, brother of Cassandra Richardson
- 11/2 **JASON ZAINTZ**, son of Linda Zaintz
- 11/2 **KRISTEN DUBERRY**, daughter of Michael Duberry
- 11/3 **VISHAL TUNGARE**, brother of Ajay Tungare
- 11/4 **ILIA KRASOTINA**, sister of Sofiya Krasotina
- 11/4 **PARIS CAVIC**, sister of Mel Cavic
- 11/4 **SETH KAHN**, son of Debbie & Harold Kahn
- 11/5 **CASSIE WILSON**, sister of Kaylie Wilson
- 11/5 **GAVIN PESKIN**, son of Leah Peskin
- 11/5 **RACHEL AUSTER**, daughter of Gail Auster
- 11/6 **DAVID LESSER**, brother of Debbie Lesser
- 11/6 **RUSSELL GABAY**, brother of Lori Gabay
- 11/7 **JACOB PAUL ROBINSON-SWEET**, son of Gail Robinson
- 11/8 **JAMES GIBBON**, son of James (Jimie) Gibbon
- 11/9 **ALI SEEDAT**, daughter of Deborah McKinzie
- 11/9 **QUINDORA PERSUAD**, daughter of Maria Cabassa
- 11/10 **PARKER KOLTCHAK**, son of Deb Capone
- 11/10 **STEVEN HOUTERMAN**, son of Awilda Rodriguez Houterman
- 11/11 **BRENDA CHAPMAN**, daughter of Della Scrugs
- 11/11 **LINDA GIOVE**, daughter of Arlene Schechter
- 11/11 **MYLES CHANDLER**, son of Marcia Chandler
- 11/12 **JON ROMULO**, son of Tocy Friend
- 11/13 **HENRY JAY**, brother of Daniel Jay
- 11/13 **MICHAEL AARONSON**, son of Dorothy Aaronson, brother of Robert Aaronson
- 11/13 **ROBERT CABALES**, son of Susan Cabaes

- 11/14 **VICENTE EDUARDO**, son of Tomasina Eduardo
- 11/16 **JAY SCHNEIDER**, son of Bonnie Bowes
- 11/17 **DYLAN LAKER**, son of Claudette Kraus & Robert Laker
- 11/17 **JASON ELLIS**, son of Michael Ellis
- 11/17 **MATTHEW NOVAK**, son of Clare Hogan
- 11/17 **SYDNEY MARTINEZ**, daughter of Fabiola Bello & Alex Martinez
- 11/18 **CHRISTOPHER MEYER**, brother of Kimberly Meyer
- 11/18 **KIERNAN BLAKER**, brother of Darby Blaker
- 11/20 **"SPROUT" WILSON**, son of Elizabeth Minei
- 11/20 **NOEL AMELLIO**, son of Margaret M. Amellio
- 11/20 **RORY DAZE CHONG**, son of Pam Chong
- 11/21 **GEORGE MICHAEL KOTSIS**, son of Doris Kotsis
- 11/21 **KATHLEEN BEAMER**, sister of Laura Beamer
- 11/22 **AMIR PRIZANT**, brother of Ayelet Prizant
- 11/22 **ETHAN WASSERBERGER**, son of Simon & Cynthia Wasserberger
- 11/24 **CHRISTOPHER EISELE**, son of Kathleen & John Montoya
- 11/24 **PATRICE WALKER**, daughter of Mazrene Holmes
- 11/25 **JESSICA REVELEY**, sister of Britt Bonney
- 11/26 **ALEX REY**, son of Alex and Myrna Rey, brother of Amanda Rey
- 11/26 **DR. AMY BETH ROSEN**, daughter of Helen Rosen
- 11/28 **RUBY MANE**, daughter of Mohasin Mane
- 11/29 **BRONWEN PRADT**, daughter of Katherine Pradt
- 11/29 **KHALIL KNOWLEDGE SMITH**, son of Malazha Wright
- 11/29 **KOFI A. MENSAH JR.**, son of Rosinah Mensah & the late Samuel A. Mensah, brother of Dr. Kofi A. Mensah, Ph. D
- 11/30 **GINGER SIMMS**, daughter of Larry Simms & Alison Ho
- 11/30 **JAMES PATRICK (JIMMY) SINISI**, son of Ann Marie Sinisi
- 11/30 **JESSE VALENTINE**, son of Joanna Valentine
- 11/30 **LYDIA WOOD**, daughter of Matt Wood
- 11/30 **SHIMMER HALL**, daughter of Janine James



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to tcfmanhattan.nyc@gmail.com and tell us what needs to change.



OUR CHILDREN—LOVED AND REMEMBERED



DECEMBER BIRTHDAYS

- 12/1 **CASSIE WILSON**, sister of Kaylie Wilson
- 12/1 **GLEN FRASER**, son of James Fraser
- 12/1 **ROBERT GOODEN**, son of Tonya & Frank Gooden
- 12/2 **FORREST RYZY-RYSKI**, brother of Sophia Rzyz-Ryski
- 12/2 **JANIE GONG**, daughter of Alan & Daisy Gong
- 12/2 **JENNIFER CARGILL**, daughter of Virginia Crosby
- 12/3 **PAULINE FUCHS**, daughter of Carolin Fuchs & Rene Groth
- 12/3 **YVONNE BURDEN**, sister of Crystal Burden
- 12/4 **JESSE ARATOW**, son of Susanna Hoffman
- 12/4 **MEGAN YODER**, sister of Kyle Yoder
- 12/4 **SETH KAHN**, son of Debbie & Harold Kahn
- 12/5 **GLENN SPELLER JR.**, son of Glenn Speller Sr.
- 12/5 **MEGAN SMITH**, daughter of Ann Smith
- 12/6 **AARON BENVENISTE**, grandson of Susan & Richard Rosenbluth
- 12/6 **DESIRA (Desi) PACUK**, sister of Nikkie Pacuk
- 12/6 **YEHUDA MILSTEIN**, son of Edith Bayne, brother of Ilana Milstein
- 12/7 **JOHN BARNES**, son of Hana Barnes
- 12/7 **RYAN THOMAS**, son of Jacqueline Thomas Kilbane
- 12/8 **SAMMY COHEN ECKSTEIN**, son of Amy Cohen & Gary Eckstein
- 12/10 **JONAH HENIG**, son of Abby Henig
- 12/11 **JAMES PATRICK (Jimmy) SINISI**, son of AnneMarie Sinisi
- 12/11 **MIKE CHARY**, brother of EllaRose Chary
- 12/13 **CAMDYN JAYEL DUCKWORTH**, daughter of Tiffany Clark
- 12/14 **AMELIA (Yannie) CORBETT**, sister of Sara Corbett
- 12/14 **DUSTIN TUNICK**, son of Jenifer Kelly
- 12/14 **DYLAN BISCH**, son of Eileen Eck
- 12/14 **LISA WEINER**, sister of Abby Moller
- 12/14 **MATTHEW SADI**, son of Sheri & Tzuri Sadi
- 12/14 **MICHAEL MOUSSA**, son of Mariam Moussa
- 12/15 **BRANDON MYERS**, brother of Rachel Myers
- 12/15 **HAYLEE LABBAN**, daughter of Penelope Coward
- 12/15 **THOMAS ROBERTS**, brother of Victoria Roberts-Wierbowski
- 12/16 **BRENDAN CLAVIN**, son of Nancy Hamma

- 12/16 **MICHELLE GITTENS**, daughter of Lenise Ballard-Gittens
- 12/16 **WILFRED DeIVALLE**, son of Carmen DelValle, brother of Judy DelValle
- 12/17 **JAMES MONTGOMERY**, son of Denise Montgomery
- 12/17 **RICKY BATASHOFF**, brother of Dana Stein
- 12/17 **STEFAN PAKULSKI**, brother of Marek Pakulski
- 12/18 **DAVID GLASS**, son of Jack & Laura Glass
- 12/18 **ZIGGY MARTINEZ**, son of Sally Tucker
- 12/20 **DANIEL O'NEILL TOLEDO**, son of Kathleen O'Neill
- 12/20 **EUGENE BONACCI**, brother of Meredith Bonacci
- 12/21 **DAVID ALEXANDER**, brother of Farah Alexander
- 12/21 **MELISSA AVRIN**, sister of Andrew Avrin
- 12/22 **JACOB PAUL ROBINSON-SWEET**, son of Gail Robinson
- 12/22 **MATT BEHAN**, brother of Chris Behan
- 12/22 **MATTHEW FIDLER**, son of Annette Fidler
- 12/23 **JON MICHAEL CAMINITI**, son of Charles & Linda Caminiti, brother of Jacqueline Caminiti
- 12/26 **ETHAN WASSERBERGER**, son of Simon & Cynthia Wasserberger
- 12/26 **OWEN MULLER** son of Jane K. Muller
- 12/27 **NORBI MORGENSTEIN**, son of Gary Morgenstein
- 12/28 **SCOTT LACROIX**, brother of Kendra Lacroix
- 12/29 **ARTURO LAULO**, brother of Luz Laulo
- 12/29 **CALEB SANDE**, grandson of Renee & Hervey Sande
- 12/29 **NASIR NEWSOME**, son of Sharhon Newsome
- 12/29 **VALDING DURAN**, son of Milagros Bueno
- 12/30 **ETHAN HOLDER**, son of Beverly Holder
- 12/30 **MICHAEL McGOVERN**, son of Harri Molese
- 12/31 **JOEY HOLLIDAY**, son of Billy & Terry Holliday
- 12/31 **ROBERT WILLIAMS JR.**, son of Kimberly Hatwood
- 12/31 **RUSSELL FERBER**, son of David Ferber & Dorothy Jordon, brother of Jordon Ferber
- 12/31 **WILLIE GWATHMEY**, brother of Katie Gwathmey



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OUR CHILDREN—LOVED AND REMEMBERED



DECEMBER ANNIVERSARIES

- 12/2 **JOEY**, son of Shantel Morrison & Tamara Cantave
- 12/2 **JONATHAN MOORE**, son of Ron & Ronnie Moore
- 12/2 **SAVANNAH WIGGINS**, daughter of Dolores Wiggins
- 12/2 **SUZANNE ZHOU**, sister of Susan Zhou
- 12/2 **ZOIE BENNETT**, daughter of Zachary Bennett
- 12/3 **HENRY SZOR**, son of Eva Grin
- 12/3 **VYLETTE MOON**, daughter of Jackie Hakiki
- 12/4 **ROBERT PATRICK JENKINS**, son of Barbara Jenkins, brother of Cheryl
- 12/6 **ALEX HARRY SINGER**, son of Susan & Lewis Singer
- 12/6 **DYLAN JOSEPH MAIDA**, son of Lisa Burns & Sal Maida
- 12/8 **DYLAN RANDALL**, son of Yenia & Robert Randall
- 12/8 **JADEN MAXWELL THOMAS**, son of Louise Thomas, brother of Tanya
- 12/9 **AREIS GORDON**, son of Joselyn Gordon
- 12/9 **SHONEN CHAMBERS**, brother of Tiffani Chambers
- 12/10 **CHRISTOPHER ROTH**, brother of Stephanie Roth
- 12/10 **JOHN HULWIYA**, brother of Vanessa Hulwiya
- 12/10 **ZUNILDE (ZUNNY) MARTE**, daughter of Victor Marte
- 12/11 **HARRY GANDEL**, grandson of Karen & Meyer Gross
- 12/11 **JONAH HENIG**, son of Abby Henig
- 12/12 **CALLIE LONG**, daughter of Jackie Long
- 12/12 **CIANNA L. ALEXANDER**, daughter of Rebecca Harper-Alexander
- 12/12 **DANNY VOLEN**, brother of Raizy Volen
- 12/12 **PAULA VOLEN**, daughter of Raizy Volen
- 12/12 **SHANA DOWDESWELL**, daughter of Laurie & Roger Dowdeswell
- 12/13 **ALAN MYL** son of Joanne Myl
- 12/13 **AMBER ASHTON**, daughter of Tom & Eleanor Ashton
- 12/13 **GEORGE DAVID MARAS**, son of Marilyn Maras
- 12/14 **DANNY MAZRAANI**, brother of Mona Mazraani
- 12/14 **JIMMY ARMSTRONG**, brother of Siobhan Armstrong
- 12/15 **COLETTE WAINWRIGHT**, sister of Katherine Sall
- 12/15 **JEFFREY VANCHIRO**, son of Sylvester (Sly) Vanchiro
- 12/15 **JOSE SANFORD**, son of Yolanda Rosado Ortiz & Gloria Perez
- 12/16 **DARIA NORTON**, daughter of Charlotte Savino & Lee Norton
- 12/18 **ALEX BIBLER**, son of Lindsay Bibler
- 12/18 **ARON LINDELL**, son of Julie Lindell

- 12/18 **CHRISTOPHER DOMBROWSKI**, brother of William & Brianne Dombrowski
- 12/18 **DESTINI DOYLE**, daughter of Annette & Kendall Doyle
- 12/19 **JOSHUA ROBERT ESFORMES**, son of Susan Esformes, brother of Jacob
- 12/19 **JUSTIN ALMON** brother of Kristina Adam
- 12/19 **ROBERT RODRIGUEZ**, son of Caroline Linares
- 12/20 **TATE RAMSDEN**, brother of Ashley Ramsden
- 12/20 **TROY O. MEYERS** son of Claudette Hannibal
- 12/21 **BAYLIN CODDINGTON**, son of Debra F. Coddington
- 12/21 **CAITLIN SANDERS**, daughter of Veronica & Lamar Sanders
- 12/21 **JUDAH BRYNDAL**, son of Dusty & David Bryndal
- 12/22 **GREGORY ROTH**, brother of Stephanie Roth
- 12/22 **TODD C. FIORE**, son of Yvonne Fiore
- 12/23 **AMANDA RUSSELL**, sister of Katie Turner
- 12/23 **QUENTIN MUNDY**, son of Terri Mundy
- 12/24 **ADAM AZZOLI**, son of Amanda Azzoli
- 12/24 **DANIEL O'NEILL TOLEDO**, son of Kathleen O'Neill
- 12/24 **MONTE JONATHAN GOLLUB** son of Ellie Gollub
- 12/24 **RENZO SCHNIPPER**, son of Matthew Schnipper and Marla Farina
- 12/24 **RICHARD CONLEY**, son of Phyllis Conley
- 12/25 **CHARLIE SINISI**, son of Ann Marie Sinisi, brother of Kelly and Dawn and the late Jimmy Sinisi
- 12/25 **DAVID LANG BAREK**, son of Peggy Lang
- 12/25 **LILY, SARAH & GRACE BADGER**, daughters of Madonna Badger and Matt Badger
- 12/25 **ROBERT SULKOWSKI**, brother of Sarah Sulkowski
- 12/27 **SAIGIA BRON**, daughter of Florence Layayette
- 12/27 **SANDRA CHU**, Best friend of Emanuel Veras
- 12/27 **THOMAS ROBERTS**, brother of Victoria Roberts-Wierbowski
- 12/28 **ANDY PERSAUD**, son of Dennis Persaud, brother of Andrea Persaud
- 12/28 **NASIR NEWSOME**, son of Sharhon Newsome
- 12/29 **PAULINE FUCHS**, daughter of Carolin Fuchs & Rene Groth
- 12/30 **KELLY ERIN GRAVES** daughter of Gail Graves
- 12/31 **IAN BOSIN**, son of Judy Neustadter
- 12/31 **LIAM ARDEN**, son of Esther and Patrick Arden



THE COMPASSIONATE FRIENDS CHAT SCHEDULE. Click here to display exact times and to see entire schedule			
ET	MORNING	EARLIER EVENING	LATER EVENING
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
TUE		Loss to Substance Related Causes First time CHAT orientation	Bereaved less than 2 yrs Bereaved more than 2 yrs
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
THU		No Surviving Children First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
FRI	General Bereavement Parents/Grandparents/Siblings	Pregnancy/Infant Loss	General Bereavement Parents/Grandparents/Siblings
SAT			General Bereavement Parents/Grandparents/Siblings
SUN		Suicide Loss	General Bereavement Issues Parents/Grandparents/Siblings

The Compassionate Friends National Office
48660 Pontiac Trail #930808, Wixom, MI 48393
Toll Free (877) 969-0010
www.compassionatefriends.org
email:nationaloffice@compassionatefriends.org

WE NEED NOT WALK ALONE
TCF Online National Magazine
[Click here for Information](#)

MARK YOUR CALENDARS!
Our next Chapter meetings are
the 3rd Tuesday of each month:
NOV 21 DEC 19 JAN 16 FEB 20

Newsletter article submissions are welcome.
Please email to marielevine2@verizon.net

MAKE A DONATION
[Click here to Donate to the Manhattan Chapter](#)

OUR COMPASSIONATE FRIENDLY NEIGHBORS

Babylon	1st Friday	(516) 795-8644	Rockville Centre	2nd Friday	(516) 766-4682
Bronx	2nd Tuesday	(914) 714-4885	Rockland County	3rd Tuesday	(845) 398-9762
Brookhaven	2nd Friday	(631) 738-0809	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Brooklyn	3rd Wednesday	(917) 952-9751	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Flushing	3rd Friday	(718) 746-5010	Syosset (Plainview)	3rd Friday	(718) 767-0904
Manhasset	3rd Tuesday	(516) 466-2480	Twin Forks/Hamptons	3rd Friday	(646) 894-0317
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389
Medford	2nd Friday	(631) 738-0809			

PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

24/7 PRIVATE FACEBOOK GROUPS

[TCF – Loss of a Child](#)

[TCF – Loss of a Stepchild](#)

[TCF – Loss of an Only Child/All Your Children](#)

[TCF – Multiple Losses](#)

[TCF – Daughterless Mothers](#)

[TCF – Men in Grief](#)

[TCF – Bereaved LGBTQ Parents with Loss of a Child](#)

[TCF – Bereaved Parents with Grandchild Visitation Issues](#)

[TCF – Loss to Miscarriage or Stillbirth](#)

[TCF – Infant and Toddler Loss](#)

[TCF – Loss of a Child 4 -12 Years Old](#)

[TCF – Loss of a Child 13-19 Years Old](#)

[TCF – Loss of an Adult Child](#)

[TCF – Loss of a Child with Special Needs](#)

[TCF – Loss of a Grandchild](#)

[TCF – Grandparents Raising their Grandchildren](#)

[TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild](#)

[TCF – Loss to Long-term Illness](#)

[TCF – Loss to Cancer](#)

[TCF – Loss After Withdrawing Life Support](#)

[TCF – Loss to Mental Illness](#)

[TCF – Sudden Death](#)

[TCF – Loss to Suicide](#)

[TCF – Loss to Homicide](#)

[TCF – Loss to Substance Related Causes](#)

[TCF – Loss to a Drunk/Impaired Driver](#)

[TCF – Grieving with Faith and Hope](#)

[TCF – Reading Your Way Through Grief](#)

The Compassionate Friends
c/o Sally Petrick - Treasurer
945 West End Ave Apt 2B
New York, NY 10025

Making a Donation—Now Online

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings. You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)