



# The Compassionate Friends

## Manhattan Chapter

### Supporting Family After a Child Dies

#### Our next meetings...

Nov 21  
Dec 19  
Jan 16  
Feb 20

#### Manhattan Chapter Newsletter

November 2023

#### OUR NOVEMBER 21ST MEETING IN-PERSON

We will be in-person only November 21st. Still working to figure out how and when we can work in on-line meetings. It's by far worth the extra effort to come in-person, but we recognize not everyone can.

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#### FIVE YEARS

The other night my husband and I were discussing our "new life". We do this often as we continue in our fifth year without Marc, not so much to try to make sense of all this but rather to encourage ourselves to move forward in as positive way as we can.

Norm asked me why it was that we find it difficult to be back in our old circle of friends. We know they would be happy to see us. We know it is our decision not to go. I said it's because we cannot talk about Marc and so much else about our life as it is now. I said that superficial conversation leaves me cold. Norm summed it up by saying that, once you decide to spend your time and your effort on a regular basis with new friends who have also lost children, there is not enough energy left to deal with the niceties required to conduct social life on an ongoing basis as we used to know it. He's right. When you boil it all down, that is the answer. It is an answer that contains many complexities.

Our friends are still good people, and we still see them from time to time. But we are not as interested, if at all, in most of what gets talked about. People do not say what is

(con't on page 2)

*We are living in very, very challenging times. Wars are raging in the world. Hatred is on the rise everywhere. It seems all of humanity is wondering where we are and where we're headed. Calamity is everywhere and I think of all the families struggling with their sudden, unbelievable reality. I remember only too well what that was like for me. Though I am decades from the beginning of this sad journey, current events have brought the pain, confusion and desperation of those early days front and center to my current daily reality. I suspect I am not alone in reliving the pain and disbelief I wrote about in 2004.*

#### WHERE AM I?

Eleven years ago, I woke up in a strange and unfamiliar place. It was almost as if I had tumbled through a time warp where nothing was familiar and everything seemed out of sync.

It was dark, confusing and painful. My balance was off and my thought process was tangled. People spoke to me but while their lips moved the sound didn't match the movement and the words came from a great distance. It was hard to breathe. Where am I? I thought.

Peter, my most cherished, handsome, funny, only child, was dead, killed in a monstrous automobile accident that left the driver and his other passengers only dazed. How could that be? It was impossible. Trying to wrap my floundering mind around the possibility took a superhuman effort that left me exhausted and immobile. I was surely in a dream from which I thought I would eventually waken. But I never did. Instead, during the past decade, I learned to live a whole new life in a totally different place.

What was amazing then was that the world still turned and people continued to go about their daily lives. The sun still rose and set. The news came on every day. Things were happening

(con't on page 2)

**SAVE THE DATE**  
**WORLDWIDE CANDLE LIGHTING**  
**Sunday, Dec. 10, 2023**

**TELEPHONE FRIENDS:** When you are having the kind of day you feel only another bereaved parent or sibling can understand, we can listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: [tcfmanhattan@gmail.com](mailto:tcfmanhattan@gmail.com)  
TCF MANHATTAN website: [www.compassionatefriends.nyc](http://www.compassionatefriends.nyc)  
CO-CHAPTER LEADERS: **Dan Zweig:** [danzweigtcf@gmail.com](mailto:danzweigtcf@gmail.com)  
**Jordon Ferber:** [beatniknudnik@yahoo.com](mailto:beatniknudnik@yahoo.com)  
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Newsletter Editor: **Marie Levine** [marielevine2@verizon.net](mailto:marielevine2@verizon.net)

THE COMPASSIONATE FRIENDS MEETINGS are now monthly - always the third Tuesday of the month

**WE MEET AT 7:00pm—arrive or sign on at 6:45pm**

This month, Nov. 121, 2023, we will be meeting only in person at the Fifth Avenue Presbyterian Church  
55th Street and Fifth Ave (enter at 7 West 55th St.)

*The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.*

## FIVE YEARS

(con't from page 1)

really in their hearts. We have shared with them our deepest despair. They talk about the stock market. I tell them of my small miracles. They talk of weddings and graduations. I talk of my children. They clam up. It sure is different. These are not bad people. It could happen to me. It could happen to them. They have heard enough, and I know they hurt too. But not the way I do. I am so much better than I was but not where they are – and I never will be: my life more or less intact, my family together. This seems a barrier too steep to climb, or it takes too much effort from both sides. I suppose I am jealous and perhaps sometimes irreverent about their concerns.

They seem inconsequential to me now; they would not have before. They haven't changed; I have. I have taken that left turn on the new road. Now my life goes in a different direction. I can't go back. I must, with much effort, build a new life that will be rewarding, happy and as fulfilling as possible. I do that with my new friends who have stood by my side for all these years.

I like my new life; surely not as well as my old life, but I like it. It is beginning to be comfortable, although there are times on this new road when I do not easily know where to turn. It is as they say, "the road less travelled", but it is still a worthwhile and satisfactory road that is filled with the unexpected blessings of many new friends and relationships. Yes, I have accepted that fork in the road, it just sometimes remains a little bumpy.

**Toby Eisenberg, TCF San Diego**

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### RESOURCES

#### A Caring Hand

<https://www.acaringhand.org/>

Meets bereaved children and families wherever they are in their grief and fulfills their needs in a caring and knowledgeable environment through comprehensive programming including counseling, support, research, outreach, consultation and crisis response.

#### Camp Good Mourning! [www.campgoodmourning.org](http://www.campgoodmourning.org)

Provides free bereavement camp programs for Long Island children, ages 7 – 17, who are coping with the death of a parent and/or sibling.

#### SIBSPlace <https://www.sibsplace.org/>

Offers a six week support group session for children who have lost a sibling or a parents to a devastating illness

#### Center for Complicated Grief <https://complicatedgrief.columbia.edu/professionals/complicated-grief-professionals/overview/>

Improves the lives of complicated grief sufferers through fostering continued innovative research and through public outreach that includes raising awareness of complicated grief, reducing stigma and other misconceptions, and training professionals.

#### COPE Foundation <http://www.copefoundation.org/>

Helps parents and families living with the loss of a child

#### Pregnancy Loss Support Group <https://www.pregnancyloss.org/>

Focuses on supporting mothers and fathers who have experienced miscarriage, stillbirth, or newborn death.

## WHERE AM I?

(con't from page 1)

in the world that I once knew but I was stuck in this strange place that looked the same but had become totally unfamiliar. Where the heck was I?

I needed to find out where I was. Someone had given me a book written by another bereaved parent. There must be other books on the subject, I thought. I headed to the bookstore. Maybe someone else has been through this. Maybe someone else has written something about it. So I immersed myself in the few titles that existed at the time. I read whatever I could find about being a bereaved parent. In those first few weeks, I actually thought that understanding what had happened would help me to believe what had happened. It's been eleven years. I've read what so many others have written. I've even written a book myself. It has definitely helped. Yet some days, even now, I still don't believe it.

Today, every time I hear of another calamity I am brought face to face with my own early torment. I know just what is happening to the families of the latest victims and I can feel their pain. I want to reach out to them and assure them they can, and will, survive. We live today in an even more treacherous world than we did eleven years ago. Disaster seems to be waiting everywhere. Children seem more vulnerable to me than ever before. I want desperately to protect them and I want even more desperately to embrace those who must deal with the horror of losing their children, and assure them that as monstrous an ordeal as surviving is, those of us who are on the same journey are here to catch them as they fall through this time warp of tears.

The holiday season is a particularly painful time for bereaved families. The pressing absence of a beloved child during this relentless season of unmitigated joy brings on a despair that cannot be imagined by the uninitiated. And it is an added burden to know that our sadness can be particularly unwelcome to those who carelessly celebrate the season. But those of us who inhabit this changed world can take some small comfort in at least being able to share our stories of loss and love with each other. Knowing that in sharing our experiences we give each other the gift of recognition. Recognizing similar feelings and responses is a comfort. It is a comfort too, to know, as we learn about where we are, that we are not alone. That in this new world our children and our endless love for them, continues. Loud and clear, we tell our stories, and sometimes, those who still inhabit the world we once knew, stop for just a moment, to remember, to light a candle, and to care.

My most sincere wish to all of my compassionate friends, for a holiday season of hope and peace.

~ Marie Levine, 2004

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~ Molly Fumia, from "Safe Passage"

*"I marvel that I have not come apart. Yes, actually disintegrated. I imagine my molecules stretched to the limit, breaking up, and the bits of me simply floating away.*

*What has held me together? Has it been others who have kept the parts of me from straying? If that is so, I'm thankful for their attention, and quick hands, I suppose. But still I sense in myself some lurking power. Perhaps I'm better glued together than I thought".*

## MEMORIES

The certain special memories  
that follow me each day,  
cast your shadow in my life  
in a certain way.

Sometimes the blowing wind  
or the lyrics of a song,  
make me stop and think of you,  
sometimes all day long.

Memories are good to have.  
To share and keep in my heart,  
just knowing that you're still inside  
makes sure we'll never part.

~ **Collette Covington**  
*Lake Chares, LA*

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## Halloween Magic

Halloween has always been a special holiday time. I regret that our son only had a one time experience at this magical time of year. I remember as though it were yesterday, the wonder in his face, how he tried to eat the candy through his mask, how he said thank you without coaxing.

Then I think of all the parents whose child never had the opportunity and I am grateful for that one time. It's hard watching all the other children trick-or-treating and yet there is something special about this season that comforts me.

As I watch the trees around me, I am reminded that there is a beauty even in their drying leaves. There's a special aroma, a breath-taking color scheme, and if you listen, a rustling in the air.

I believe there is a message in fall. I believe God wants us to know that death is like a change of season, that our children now know far more beauty than we can ever imagine. Like the tree that lives on through the barren winter and comes alive again in spring, our children are not gone.

**THEY LIVE!**

~ **Nancy Cassell**, TCF Monmouth Co., NJ

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*Meaningful grief support within the comfort of  
your own home plus access to the recording for  
90 days.*

## THANKSGIVING OF LIFE

Only a month after Daniel's death, Thanksgiving arrived full of symbols of plentiful harvest and thankfulness while we felt bereft of everything. We fled to Maryland. There, among the many places around my sister's table, Daniel's empty place stood out less starkly than at home. Love and family pressed around to hold back the despair and the loneliness. Though we could not feel the spirit of Thanksgiving, we did appreciate the support and caring of our family. We marveled that any positive feelings were able to emerge.

Upon our return to New Jersey, we were greeted by a neighbor flushed with surprise and excitement. During our absence, Daniel's dog, Puffy, had given birth to three puppies – in her powder room! Our caring neighbor had served as midwife throughout the night of their birth, alternately crying for the loss of Daniel and laughing with the joy of new life.

That Thanksgiving, eleven years ago, held many special messages for us: messages of love, family, neighbors and giving. Greatest of all was the message of life. Though we went away, we could not flee the holiday or the pain of separation; we could not run from life. It was waiting for us at my sister's. It was waiting for us upon our return. Yet, a long time passed before we could accept living again. Puffy's puppies, however, were a beginning. As they nibbled our fingers or wet on the carpet, they caused us to care about them and their antics. Their damp noses and velvet ears helped us to feel something beyond the pain of Daniel's death. When they grew, they forced us to interact with the community through searching for their adoptive families. We also practiced letting go as each puppy left.

For us, the holidays are again happy occasions for the same reason they were originally difficult. Holidays are days set aside for love, togetherness, sharing and families. The death of a child turns those wonderful aspects of holidays into pain. What we discovered that Thanksgiving is that even with the pain comes the beginning of healing from the love, togetherness, sharing and families that holidays include.

So, change your routine or surroundings this Thanksgiving, but do not try to flee from life. Life is the pathway to recovery. Allow yourself the reassurance of feeling life's healing power this holiday. Happy Thanksgiving!

~ **Marcia F. Alig**, TCF, Mercer County, NJ

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The Compassionate Friends is hosting an online event for bereaved parents, siblings and grandparents to receive care, support, and helpful information from others who understand. Join us on November 11, 2023, from 11:30 am ET - 7:30 pm ET for this exceptional event. This gathering will include workshops with a variety of grief topics, as well as recordings of our Keynote Presentations from TCF's 46th National Conference in Denver that was held this past summer.

[More Information](#)

**Registration Fee: \$125**

## FOR THAT I AM THANKFUL

It doesn't seem to get any better...but it doesn't seem to get any worse  
For that, I am thankful.

There are no more pictures to be taken...but there are memories to be  
cherished.  
For that, I am thankful.

There is a missing chair at the table... but the circle of family gathers  
close.  
For that, I am thankful.

The turkey is smaller, But there is still stuffing.  
For that, I am thankful.

The days are shorter. But the nights are softer.  
For that, I am thankful.

The pain is still there... but it only lasts moments.  
For that, I am thankful.

The calendar still turns, the holidays still appear. And they still cost too  
much. But I am still here.  
For that, I am thankful.

The room is still empty, the soul still aches. But the heart remembers.  
For that, I am thankful.

The guests still come, the dishes pile up. But the dishwasher still works.  
For that, I am thankful.

The name is still missing, the words still unspoken. But the silence is  
shared.  
For that, I am thankful.

The snow still falls, the sled still waits and the spirit still wants to.  
For that, I am thankful.

The moment is gone. But the love is forever.  
For that, I am blessed, for that I am grateful.

Love was once (and still is) a part of my being.  
For that, I am living.

I am living. And for that, I am thankful.

May your holidays be filled with reasons to be thankful. Having loved  
and having been loved is perhaps the most wondrous reason of all.

~ Darcie Sims, 1992

## THE FIRST THANKSGIVING

Today is Thanksgiving Lord  
And I don't know what to say.  
On June fifteenth of this fractured year  
you took my son away.  
Why should I be giving thanks?  
It makes no sense to pray.  
If you were listening to my prayers,  
you would have let him stay.

I have wonderful friends and relatives Lord.  
Still, it's very tough.  
I love each and every one of them,  
and yet it's not enough.  
The pain is unbelievable - it cuts right through my  
soul.  
Although my family helps me cope,  
we are no longer whole.

Could you send a sign Lord,  
that Heaven does exist?  
Is my child at peace in a better place?  
not cursed by you but kissed?  
If I could give thanks once again,  
if I knew he was safe and well,  
and in spite of the hole in my broken heart,  
survive this endless hell.

~ **Madelaine Perri Kasden**,  
TCF, Manhattan, 1995  
In loving memory of her son, **Neill Perri**

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## Speaking Love

Thoughtful mornings in November,  
winter gray and chill at twilight.  
Soon there will be colored candles,  
Soon there will be celebration.

Do not force your heart from sorrow  
at this time of happy splendor:  
this is also time for speaking  
love to dead and silent children.

~ the poems of **Sascha Wagner**

## Gifts of Love

**A Love Gift** is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

**Passing the Basket** — We raise needed funds at each meeting by passing a basket for voluntary contributions at our in-person meetings. We are so glad to hold online meetings whenever possible, but there is no 'basket' at our online meetings. If you are able to, whenever you can as an online participant, please help and make a 'Basket' contribution to help our organization.

## Making a contribution —

Easiest way — online — use a credit card securely with Paypal — Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends — Manhattan Chapter. We need and appreciate your support.



## Recommended reading...

- ◆ The Bereaved Parent by Harriet Sarnoff
- ◆ First You Die by Marie Levine
- ◆ Talking to Heaven by James Van Praagh
- ◆ Beyond Tears by nine mothers
- ◆ Love Never Dies by Sandy Goodman

⇒ take advantage of the book list on the TCF website [www.compassionatefriends.org](http://www.compassionatefriends.org)

⇒ go to [www.centeringcorp.org](http://www.centeringcorp.org), for an extensive list of resources for ALL those grieving for every possible reason – for parents, grandparents, siblings, mothers, fathers, teens, children...because of sudden death, accident, long term illness, infant loss, miscarriage, homicide, substance abuse, etc.

Reading other bereaved people's stories helps us. Take advantage of these resources. Discovering how much of what we feel is being experienced by fellow travelers helps us understand the process and restores hope.

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### ...to our new members

Attending your first meeting is the hardest thing to do. But you have nothing to lose and everything to gain. Try not to judge your first meeting as to whether or not TCF will work for you. Often, it is the second, third or fourth meeting where you will find just the right person or the right words said that will help you along in your grief.

### ...to our long standing members

We need your encouragement and continued support. You are what ties our group together. Sadly, each meeting brings new parents. *THINK BACK...* what would it have been like for you if there had not been any "oldtimers" to welcome you and share your grief and encourage you and tell you that in time, the pain will soften...with time, there is hope.

~ ~ ~

## The Compassionate Friends Credo

*We need not walk alone.*

*We are The Compassionate Friends.*

*We reach out to each other with love, with understanding, and with hope.*

*Our children have died at all ages and from many different causes,*

*but our love for our children unites us.*

*Your pain becomes my pain just as your hope becomes my hope.*

*We come together from all walks of life, from many different circumstances.*

*We are a unique family because we represent many races and creeds.*

*We are young and we are old.*

*Some of us are far along in our grief, but others still feel a grief so fresh, and so intensely painful that we feel helpless and see no hope.*

*Some of us have found our faith to be a source of strength; some of us are struggling to find answers.*

*Some of us are angry, filled with guilt or deep depression; others radiate an inner peace.*

*It is pain we will share just as we share the love for our children.*

*We are all seeking and struggling to build a future for ourselves,*

*but we are committed to building a future together as we reach out to each other*

*in love, and share the pain as well as the joy,*

*share the anger as well as the peace,*

*share the faith as well as the doubts,*

*and help each other to grieve, as well as to grow.*

WE NEED NOT WALK ALONE.

WE ARE THE COMPASSIONATE FRIENDS.

~ ~ ~

## Online Support from the National Compassionate Friends Website

### Live Chats

The Compassionate Friends offers "virtual chapters" through an Online Support Community (live chats). This program was established to encourage connecting and sharing among parents, grandparents, and siblings (over the age of 18) grieving the death of a child. The rooms supply support, encouragement, and friendship. The friendly atmosphere encourages conversation among friends; friends who understand the emotions you're experiencing. There are general bereavement sessions as well as more specific sessions.

Click [HERE](#) for more information and a list and schedule of Live Chats.

### Private Facebook Groups

The Compassionate Friends offers a variety of Private Facebook Groups. These pages cover a wide range of topics and are moderated by bereaved parents, siblings, or grandparents. They may be accessed only after a request to join is approved by a moderator.

Click [HERE](#) for more information and a list of Private Facebook Groups.

## Siblings

*The following is a response sent to Ann Landers by Dawn Morville Johnson, a former member of the TCF National Board of Directors.*

Dear Ann Landers:

As a bereaved sibling, I was disappointed to "Anonymous in Raleigh, NC" who asked whether it would be appropriate to send her parents a card on the anniversary of her brother's death. You advised her not to send a card, but to take her parents to dinner "with no mention of the sad anniversary."

Bereaved parents will tell you that the one thing they want to do is talk about their child. Ignoring the anniversary of a child's death is the same as ignoring the child's birthday: it makes bereaved parents feel as though their child did not exist. Many bereaved parents have told me that their surviving children will not talk about their brother or sister who has died. Often this is because they are afraid of upsetting their parents. However, bereaved parents yearn to hear their children mention the dead child's name. "Anonymous" should be encouraged in her efforts to remember the anniversary of her brother's death by sending a card to her parents.

On the anniversary of my brother's death, I send a special card to my parents to tell them I am thinking about them and remembering my brother. We open our hearts to each other and share our memories of him and how much we miss him. We also put flowers on his grave that day and have flowers on the church altar in his memory on the Sunday closest to the anniversary of his death. In other words, the day is not like any other day, so I don't treat it as such. My life and my parents' lives changed forever the day he died. Making no mention of it would only be another tragedy.

### ***Re-entering school after the Death of a Sibling***

Going back to school after the death of your brother or sister is a hard thing to go through. At first there are three groups of people to deal with: people who give you a lot of support, people who do not know what to say, and those who give you weird looks and stay away from you. This lasts for a little while. After a short time, changes with each group occur.

Those who didn't know what to say start to speak or begin to talk. The group who kept away stop ignoring you. The people who gave you lots of support, slowly return to their own affairs. After about a month and a half, everything goes back to normal and is over to everyone except you.

This is very difficult to accept and makes you feel all the more alone. After a while the shock for you goes away and it is then that you need the support from your friends, peers and teachers.

This month is the first anniversary of the death of my brother. Most people will have forgotten and everything is right with the world. But it is not! Certainly not to my mother and me.

~ Jordan Ely, TCF, Albany, NY

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## BEING THANKFUL

It's not easy being thankful  
when you're no longer here.  
It's not that I'm ungrateful, just  
that death makes life unclear.

I'm thankful for a mind that still  
remembers you so well, and  
the life we shared together  
left stories I can tell.

I'm thankful for the things I have,  
reminders of your life,  
Childhood drawings, baseball cards,  
your writings, and Scout knife.

(can't to the right) ➡

## The Compassionate Friends Sibling Credo

*We are the surviving siblings of The Compassionate Friends*

*We are brought together by the deaths of our brothers and sisters*

*Open your hearts to us, but have patience with us.*

*Sometimes we need our families to be there.*

*Sometimes we must walk alone, taking our memories with us, to become the individuals we want to be.*

*We cannot be our dead brother or sister; however a special part of them lives on with us.*

*When our brothers and sisters died, our lives changed.*

*We are living a life very different from what we envisioned and we feel a responsibility to be strong even when we feel weak.*

*Yet we can go on because we understand better than many the value of family and the precious gift of life.*

*Our goal is not to be the forgotten mourners that we are, but to walk together to face tomorrow as the surviving siblings of The Compassionate Friends.*

## TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every Tuesday of the month and more.

Sign up to get our siblings schedule emails

[Click here for exclusive sibling emails](#)

## TCF SIBLING CHATS

Some online chats for adult and teen siblings to share concerns and feelings are available on the TCF National website

[Click here to display the full schedule of chats for both parents and siblings](#)

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I'm thankful for all family  
now gone, and those still here,  
the many friends now in my life,  
'twas death that brought us near.

Why does this season cause me pain  
when thankful for so much,  
and knowing you're still with me, simply  
out of sight and touch?

Please know I'm not ungrateful  
if not up to holiday mirth.  
For I'm thankful that I shared the life  
you lived when on this earth.

~ Georgia Cockerham

# Worldwide Candle Lighting

Sunday, December 10th, 2023

## Worldwide Candle Lighting Event In Manhattan

We are searching for a place to hold our candle lighting in person.

**Our event for 2023 may be virtual on Zoom. If so, it will be best viewed on a computer screen.**

## The Compassionate Friends - Worldwide Candle Lighting



***We remember... that their light will always shine.***

***\* Remember - if in person...be sure to bring a framed photo of your loved one to be displayed in the ballroom during the evening.***

**Important - take note!**

***There will be an ongoing slideshow of all our children...***

**To include your loved one in this beautiful memorial, please  
email your photos by DECEMBER 7TH to:**

**[photosmtcf@gmail.com](mailto:photosmtcf@gmail.com)**

We suggest you send two photos - a young, "sunrise" photo and a "sunset" more recent photo.

Be sure to indicate your child's **full name exactly as you wish it to appear!**

**(If you had photos in last year's slideshow, just request to use the same photos for 2023)**

## Gifts of Love

**A Love Gift** is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

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## OUR CHILDREN—LOVED AND REMEMBERED

### NOVEMBER BIRTHDAYS



11/1	<b>BRETT DOUGLAS</b> , brother of Danielle Monaco	11/15	<b>DYLAN RANDALL</b> , son of Yenja & Robert Randall
11/1	<b>FLORENCE FRAZER</b> , sister of Harri Molese	11/15	<b>JORDAN WEINSTEIN</b> , daughter of Wendy J. Schriber
11/1	<b>LIAM ARDEN</b> , son of Esther & Patrick Arden	11/17	<b>ADRIAN PURICELLI</b> , son of Denise Puricelli, brother of Vironika
11/1	<b>OLIVIA LAURA CASTRO</b> , daughter of Gigi & Robert Castro	11/17	<b>KATHLEEN BEAMER</b> , sister of Laura Beamer
11/2	<b>STEVEN SCHWARTZ</b> , son of Ellen Schwartz	11/17	<b>LINCOLN WHEELER-POWELL</b> , son of John Powell & Britta Wheeler
11/2	<b>TY PICKETT</b> , son of Jan Pickett	11/17	<b>LYLA SKYE MEDICI</b> , daughter of Mimi Delle Donne, sister of Meghan Matias
11/3	<b>NICK CARIS</b> , son of Konstantina Caris	11/17	<b>TREVOR LOUGHLIN</b> , son of Suzy & Joe Loughlin, brother of Juliette Loughlin
11/4	<b>ASHLEE D. BLAKE GUTIERREZ</b> , daughter of Marlene & Francisco Gutierrez	11/18	<b>JAMILA IRONS-JOHNSON</b> , daughter of Jeannine Irons
11/4	<b>DMITRI PAJITNOV</b> , son of Nina Pajitnova	11/19	<b>CRAIG MARTINEZ</b> , son of Louis Hampton Martinez
11/4	<b>KEVIN MITCHELL</b> , son of Jacquie & John Mitchell, brother of Kristopher & the late Kareem Mitchell	11/19	<b>SARA CHANGHONG ADAMS</b> , daughter of Muriel Adams
11/4	<b>MILES ELLIOT COUGHLIN</b> , son of Fredricka Weinstein & Matthew Coughlin, brother of Maria Tolson, uncle of Lena Tolson	11/20	<b>DAVID LESSER</b> , brother of Debbie Lesser
11/4	<b>TRAVIS FREEMAN</b> , son of Daniel Freeman & Elizabeth Morse	11/20	<b>JEFFREY CARTER</b> , son of Linda Carter
11/5	<b>PAULA VOLEN</b> , daughter of Raizy Volen	11/21	<b>JACK ROBERTS</b> , son of Joanne Wright
11/5	<b>ROSE MAYR</b> , sister of Anna Mayr	11/22	<b>NICHOA WALKER</b> , daughter of Mazrene Holmes
11/6	<b>BENJAMIN ZWEIG</b> , son of Sally Petrick & Daniel Zweig	11/23	<b>INSANN LAWLOR</b> , son of Serena Bhaduri
11/7	<b>KELLI ANNE AULETTA</b> , daughter of Dick & Mary Auletta, sister of Kimberlee	11/23	<b>JENNA HERNAN</b> , daughter of Maria Hernan
11/7	<b>MALIK DUFOR</b> , son of Waltrina DeFrantz-Dufor	11/23	<b>TERRANCE RICHARDSON</b> , son of Theresa Richardson, brother of Francina Branch Elysee
11/7	<b>MARY GIBBS</b> , sister of Cynthia Gibbs-Pratt	11/24	<b>ARTHUR DUDIN</b> , son of Stan & Irina Dudin
11/7	<b>MILO KESSLER</b> , son of Alana Fishberg & Daryl Kessler	11/24	<b>ERIK BANKS</b> , son of Laurene Buckley
11/7	<b>NICHOLAS SOTO</b> , son of Deborah Freeman & Eddie B. Soto, Jr.	11/26	<b>ALEXANDER MAXWELL</b> , son of Deanna & Kent Grant
11/8	<b>ADAM WEINER</b> , son of Susan Weiner	11/26	<b>CLARISSA JACKSON</b> , sister of Jillian Jackson
11/8	<b>DANNY MOONEY, JR.</b> , son of Danny Mooney	11/26	<b>MARLA SUE COLLAZO</b> , daughter of Lita & Joe Robinson
11/8	<b>TEVIN A. HAMPTON</b> , son of Patricia Lilly	11/26	<b>NOEL AMELLIO</b> , son of Margaret M. Amellio
11/9	<b>AIMEE GANDOUR</b> , sister of Molly Gandour	11/27	<b>CASEY ACKERMAN</b> , son of Melissa and Hal Ackerman
11/9	<b>CHRISTOPHER ROTH</b> , brother of Stephanie Roth	11/27	<b>DANIELLE HYMOWITZ</b> , daughter of Karen Hymowitz
11/9	<b>ISAIAH WINCH</b> , son of Jesse Winch, brother of Louisa-Carpenter Winch	11/27	<b>ISABEL XIE</b> , baby daughter of Denise Chow & Wayne Xie
11/9	<b>MICHAEL RAMIREZ</b> , son of Michele Cennamo	11/27	<b>KEVIN DEL ROSARIO</b> , son of Annaliza del Rosario
11/9	<b>SANDRA PLOUFFE</b> , daughter of Margie & Bram Jelin	11/27	<b>LUCAS SCOTT</b> , brother of Erin Scott
11/10	<b>DONNA MALIZIS</b> , daughter of Agata Malizis	11/27	<b>RED LAYNE</b> , daughter of Greg & Trillich Layne
11/10	<b>MATTHEW GORDON</b> , brother of Elizabeth Stilwell	11/28	<b>ALAN ROSENTHAL</b> , son of Lynne Rosenthal
11/10	<b>MAX JACOBSON</b> , son of Terry & Hugh Jacobson	11/28	<b>GABRIEL ROCCOFORTE</b> , son of Judith Weiss
11/11	<b>CONNOR LEE-KAWANISHI</b> , son of Choony Lee	11/28	<b>SEAN COYLE</b> , brother of Krista Coyle
11/12	<b>BURTON SANDLES</b> , son of Ina Sandles	11/28	<b>VYLETTE MOON</b> , daughter of Jackie Hakiki
11/12	<b>HENRY JAY</b> , brother of Daniel Jay	11/29	<b>EVAN FRIEDLANDER</b> , son of Kathy Friedlander
11/12	<b>YIANNIS STATHOPOULOS</b> , son of Kathleen Negri Stathopoulos	11/29	<b>MAMADON JOHNSON</b> , sister of Djassi Johnson
11/13	<b>THOMAS J. MANNO</b> , son of Elizabeth M. Davey	11/29	<b>STEVE DAVOREN</b> , brother of Doug Davoren
11/14	<b>CATHERINE CORENU</b> , daughter of Carrie Tuhy	11/29	<b>TREVOR MATTHEWS</b> , son of Angela Matthews
11/15	<b>AARON HOROWITZ</b> , son of Allan & Liz Horwitz		







## OUR CHILDREN—LOVED AND REMEMBERED

### NOVEMBER ANNIVERSARIES



11/1 **JUSTIN CRAIG LEDERMAN**, son of Ruth Lederman  
 11/1 **MATT BEHAN**, brother of Chris Behan  
 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro  
 11/1 **SHANEIREE DAMES**, daughter of Vivian Richardson  
 11/1 **SKYLER CAGHLIN**, son of Seana Caghlín, brother of Cassandra Richardson  
 11/2 **JASON ZAINITZ**, son of Linda Zaintz  
 11/2 **KRISTEN DUBERRY**, daughter of Michael Duberry  
 11/3 **VISHAL TUNGARE**, brother of Ajay Tungare  
 11/4 **ILIA KRASOTINA**, sister of Sofiya Krasotina  
 11/4 **PARIS CAVIC**, sister of Mel Cavic  
 11/4 **SETH KAHN**, son of Debbie & Harold Kahn  
 11/5 **CASSIE WILSON**, sister of Kaylie Wilson  
 11/5 **GAVIN PESKIN**, son of Leah Peskin  
 11/5 **RACHEL AUSTER**, daughter of Gail Auster  
 11/6 **DAVID LESSER**, brother of Debbie Lesser  
 11/6 **RUSSELL GABAY**, brother of Lori Gabay  
 11/7 **JACOB PAUL ROBINSON-SWEET**, son of Gail Robinson  
 11/8 **JAMES GIBBON**, son of James (Jimie) Gibbon  
 11/9 **ALI SEEDAT**, daughter of Deborah McKinzie  
 11/9 **QUINDORA PERSUAD**, daughter of Maria Cabassa  
 11/10 **PARKER KOLTCHAK**, son of Deb Capone  
 11/10 **STEVEN HOUTERMAN**, son of Awilda Rodriguez Houterman  
 11/11 **BRENDA CHAPMAN**, daughter of Della Scrugs  
 11/11 **LINDA GIOVE**, daughter of Arlene Schechter  
 11/11 **MYLES CHANDLER**, son of Marcia Chandler  
 11/12 **JON ROMULO**, son of Tocy Friend  
 11/13 **HENRY JAY**, brother of Daniel Jay  
 11/13 **MICHAEL AARONSON**, son of Dorothy Aaronson, brother of Robert Aaronson  
 11/13 **ROBERT CABALES**, son of Susan Cabaes

11/14 **VICENTE EDUARDO**, son of Tomasina Eduardo  
 11/16 **JAY SCHNEIDER**, son of Bonnie Bowes  
 11/17 **DYLAN LAKER**, son of Claudette Kraus & Robert Laker  
 11/17 **JASON ELLIS**, son of Michael Ellis  
 11/17 **MATTHEW NOVAK**, son of Clare Hogan  
 11/17 **SYDNEY MARTINEZ**, daughter of Fabiola Bello & Alex Martinez  
 11/18 **CHRISTOPHER MEYER**, brother of Kimberly Meyer  
 11/18 **KIERNAN BLAKER**, brother of Darby Blaker  
 11/20 **"SPROUT" WILSON**, son of Elizabeth Minei  
 11/20 **NOEL AMELLIO**, son of Margaret M. Amellio  
 11/20 **RORY DAZE CHONG**, son of Pam Chong  
 11/21 **GEORGE MICHAEL KOTSIS**, son of Doris Kotsis  
 11/21 **KATHLEEN BEAMER**, sister of Laura Beamer  
 11/22 **AMIR PRIZANT**, brother of Ayelet Prizant  
 11/22 **ETHAN WASSERBERGER**, son of Simon & Cynthia Wasserberger  
 11/24 **CHRISTOPHER EISELE**, son of Kathleen & John Montoya  
 11/24 **PATRICE WALKER**, daughter of Mazrene Holmes  
 11/25 **JESSICA REVELEY**, sister of Britt Bonney  
 11/26 **ALEX REY**, son of Alex and Myrna Rey, brother of Amanda Rey  
 11/26 **DR. AMY BETH ROSEN**, daughter of Helen Rosen  
 11/28 **RUBY MANE**, daughter of Mohasin Mane  
 11/29 **BRONWEN PRADT**, daughter of Katherine Pradt  
 11/29 **KHALIL KNOWLEDGE SMITH**, son of Malazha Wright  
 11/29 **KOFI A. MENSAB JR.**, son of Rosinah Mensah & the late Samuel A. Mensah, brother of Dr. Kofi A. Mensah, Ph. D  
 11/30 **GINGER SIMMS**, daughter of Larry Simms & Alison Ho  
 11/30 **JAMES PATRICK (JIMMY) SINISI**, son of Ann Marie Sinisi  
 11/30 **JESSE VALENTINE**, son of Joanna Valentine  
 11/30 **LYDIA WOOD**, daughter of Matt Wood  
 11/30 **SHIMMER HALL**, daughter of Janine James



## Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to [tcfmanhattan.nyc@gmail.com](mailto:tcfmanhattan.nyc@gmail.com) and tell us what needs to change.



## OUR CHILDREN—LOVED AND REMEMBERED

### DECEMBER BIRTHDAYS



12/1	<b>CASSIE WILSON</b> , sister of Kaylie Wilson	12/16	<b>MICHELLE GITTENS</b> , daughter of Lenise Ballard-Gittens
12/1	<b>GLEN FRASER</b> , son of James Fraser	12/16	<b>WILFRED DeIVALLE</b> , son of Carmen DelValle, brother of Judy DelValle
12/1	<b>ROBERT GOODEN</b> , son of Tonya & Frank Gooden	12/17	<b>JAMES MONTGOMERY</b> , son of Denise Montgomery
12/2	<b>FORREST RYZY-RYSKI</b> , brother of Sophia Rzyz-Ryski	12/17	<b>RICKY BATASHOFF</b> , brother of Dana Stein
12/2	<b>JANIE GONG</b> , daughter of Alan & Daisy Gong	12/17	<b>STEFAN PAKULSKI</b> , brother of Marek Pakulski
12/2	<b>JENNIFER CARGILL</b> , daughter of Virginia Crosby	12/18	<b>DAVID GLASS</b> , son of Jack & Laura Glass
12/3	<b>PAULINE FUCHS</b> , daughter of Carolin Fuchs & Rene Groth	12/18	<b>ZIGGY MARTINEZ</b> , son of Sally Tucker
12/3	<b>YVONNE BURDEN</b> , sister of Crystal Burden	12/20	<b>DANIEL O'NEILL TOLEDO</b> , son of Kathleen O'Neill
12/4	<b>JESSE ARATOW</b> , son of Susanna Hoffman	12/20	<b>EUGENE BONACCI</b> , brother of Meredith Bonacci
12/4	<b>MEGAN YODER</b> , sister of Kyle Yoder	12/21	<b>DAVID ALEXANDER</b> , brother of Farah Alexander
12/4	<b>SETH KAHN</b> , son of Debbie & Harold Kahn	12/21	<b>MELISSA AVRIN</b> , sister of Andrew Avrin
12/5	<b>GLENN SPELLER JR.</b> , son of Glenn Speller Sr.	12/22	<b>JACOB PAUL ROBINSON-SWEET</b> , son of Gail Robinson
12/5	<b>MEGAN SMITH</b> , daughter of Ann Smith	12/22	<b>MATT BEHAN</b> , brother of Chris Behan
12/6	<b>AARON BENVENISTE</b> , grandson of Susan & Richard Rosenbluth	12/22	<b>MATTHEW FIDLER</b> , son of Annette Fidler
12/6	<b>DESIRA (Desi) PACUK</b> , sister of Nikkie Pacuk	12/23	<b>JON MICHAEL CAMINITI</b> , son of Charles & Linda Caminiti, brother of Jacqueline Caminiti
12/6	<b>YEHUDA MILSTEIN</b> , son of Edith Bayne, brother of Ilana Milstein	12/26	<b>ETHAN WASSERBERGER</b> , son of Simon & Cynthia Wasserberger
12/7	<b>JOHN BARNES</b> , son of Hana Barnes	12/26	<b>OWEN MULLER</b> son of Jane K. Muller
12/7	<b>RYAN THOMAS</b> , son of Jacqueline Thomas Kilbane	12/27	<b>NORBI MORGENSTEIN</b> , son of Gary Morgenstein
12/8	<b>SAMMY COHEN ECKSTEIN</b> , son of Amy Cohen & Gary Eckstein	12/28	<b>SCOTT LACROIX</b> , brother of Kendra Lacroix
12/10	<b>JONAH HENIG</b> , son of Abby Henig	12/29	<b>ARTURO LAULO</b> , brother of Luz Laulo
12/11	<b>JAMES PATRICK (Jimmy) SINISI</b> , son of AnneMarie Sinisi	12/29	<b>CALEB SANDE</b> , grandson of Renee & Hervey Sande
12/11	<b>MIKE CHARY</b> , brother of EllaRose Chary	12/29	<b>NASIR NEWSOME</b> , son of Sharhon Newsome
12/13	<b>CAMDYN JAYEL DUCKWORTH</b> , daughter of Tiffany Clark	12/29	<b>VALDING DURAN</b> , son of Milagros Bueno
12/14	<b>AMELIA (Yannie) CORBETT</b> , sister of Sara Corbett	12/30	<b>ETHAN HOLDER</b> , son of Beverly Holder
12/14	<b>DUSTIN TUNICK</b> , son of Jenifer Kelly	12/30	<b>MICHAEL McGOVERN</b> , son of Harri Molese
12/14	<b>DYLAN BISCH</b> , son of Eileen Eck	12/31	<b>JOEY HOLLIDAY</b> , son of Billy & Terry Holliday
12/14	<b>LISA WEINER</b> , sister of Abby Moller	12/31	<b>ROBERT WILLIAMS JR.</b> , son of Kimberly Hatwood
12/14	<b>MATTHEW SADI</b> , son of Sheri & Tzuri Sadi	12/31	<b>RUSSELL FERBER</b> , son of David Ferber & Dorothy Jordon, brother of Jordon Ferber
12/14	<b>MICHAEL MOUSSA</b> , son of Mariam Moussa	12/31	<b>WILLIE GWATHMEY</b> , brother of Katie Gwathmey
12/15	<b>BRANDON MYERS</b> , brother of Rachel Myers		
12/15	<b>HAYLEE LABBAN</b> , daughter of Penelope Coward		
12/15	<b>THOMAS ROBERTS</b> , brother of Victoria Roberts-Wierbowski		
12/16	<b>BRENDAN CLAVIN</b> , son of Nancy Hamma		



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## OUR CHILDREN—LOVED AND REMEMBERED

### DECEMBER ANNIVERSARIES



12/2	<b>JOEY</b> , son of Shantel Morrison & Tamara Cantave	12/18	<b>CHRISTOPHER DOMBROWSKI</b> , brother of William & Brianne Dombrowski
12/2	<b>JONATHAN MOORE</b> , son of Ron & Ronnie Moore	12/18	<b>DESTINI DOYLE</b> , daughter of Annette & Kendall Doyle
12/2	<b>SAVANNAH WIGGINS</b> , daughter of Dolores Wiggins	12/19	<b>JOSHUA ROBERT ESFORMES</b> , son of Susan Esformes, brother of Jacob
12/2	<b>SUZANNE ZHOU</b> , sister of Susan Zhou	12/19	<b>JUSTIN ALMON</b> brother of Kristina Adam
12/2	<b>ZOIE BENNETT</b> , daughter of Zachary Bennett	12/19	<b>ROBERT RODRIGUEZ</b> , son of Caroline Linares
12/3	<b>HENRY SZOR</b> , son of Eva Grin	12/20	<b>TATE RAMSDEN</b> , brother of Ashley Ramsden
12/3	<b>VYLETTE MOON</b> , daughter of Jackie Hakiki	12/20	<b>TROY O. MEYERS</b> son of Claudette Hannibal
12/4	<b>ROBERT PATRICK JENKINS</b> , son of Barbara Jenkins, brother of Cheryl	12/21	<b>BAYLIN CODDINGTON</b> , son of Debra F. Coddington
12/6	<b>ALEX HARRY SINGER</b> , son of Susan & Lewis Singer	12/21	<b>CAITLIN SANDERS</b> , daughter of Veronica & Lamar Sanders
12/6	<b>DYLAN JOSEPH MAIDA</b> , son of Lisa Burns & Sal Maida	12/21	<b>JUDAH BRYNDAL</b> , son of Dusty & David Bryndal
12/8	<b>DYLAN RANDALL</b> , son of Yenja & Robert Randall	12/22	<b>GREGORY ROTH</b> , brother of Stephanie Roth
12/8	<b>JADEN MAXWELL THOMAS</b> , son of Louise Thomas, brother of Tanya	12/22	<b>TODD C. FIORE</b> , son of Yvonne Fiore
12/9	<b>AREIS GORDON</b> , son of Joselyn Gordon	12/23	<b>AMANDA RUSSELL</b> , sister of Katie Turner
12/9	<b>SHONEN CHAMBERS</b> , brother of Tiffani Chambers	12/23	<b>QUENTIN MUNDY</b> , son of Terri Mundy
12/10	<b>CHRISTOPHER ROTH</b> , brother of Stephanie Roth	12/24	<b>ADAM AZZOLI</b> , son of Amanda Azzoli
12/10	<b>JOHN HULWIYA</b> , brother of Vanessa Hulwiya	12/24	<b>DANIEL O'NEILL TOLEDO</b> , son of Kathleen O'Neill
12/10	<b>ZUNILDE (ZUNNY) MARTE</b> , daughter of Victor Marte	12/24	<b>MONTE JONATHAN GOLLUB</b> son of Ellie Gollub
12/11	<b>HARRY GANDEL</b> , grandson of Karen & Meyer Gross	12/24	<b>RENZO SCHNIPPER</b> , son of Matthew Schnipper and Marla Farina
12/11	<b>JONAH HENIG</b> , son of Abby Henig	12/24	<b>RICHARD CONLEY</b> , son of Phyllis Conley
12/12	<b>CALLIE LONG</b> , daughter of Jackie Long	12/25	<b>CHARLIE SINISI</b> , son of Ann Marie Sinisi, brother of Kelly and Dawn and the late Jimmy Sinisi
12/12	<b>CIANNA L. ALEXANDER</b> , daughter of Rebecca Harper-Alexander	12/25	<b>DAVID LANG BAREK</b> , son of Peggy Lang
12/12	<b>DANNY VOLEN</b> , brother of Raizy Volen	12/25	<b>LILY, SARAH &amp; GRACE BADGER</b> , daughters of Madonna Badger and Matt Badger
12/12	<b>PAULA VOLEN</b> , daughter of Raizy Volen	12/25	<b>ROBERT SULKOWSKI</b> , brother of Sarah Sulkowski
12/12	<b>SHANA DOWDESWELL</b> , daughter of Laurie & Roger Dowdeswell	12/27	<b>SAIGIA BRON</b> , daughter of Florence Layayette
12/13	<b>ALAN MYL</b> son of Joanne Myl	12/27	<b>SANDRA CHU</b> , Best friend of Emanuel Veras
12/13	<b>AMBER ASHTON</b> , daughter of Tom & Eleanor Ashton	12/27	<b>THOMAS ROBERTS</b> , brother of Victoria Roberts-Wierbowski
12/13	<b>GEORGE DAVID MARAS</b> , son of Marilyn Maras	12/28	<b>ANDY PERSAUD</b> , son of Dennis Peraud, brother of Andrea Persaud
12/14	<b>DANNY MAZRAANI</b> , brother of Mona Mazraani	12/28	<b>NASIR NEWSOME</b> , son of Sharhon Newsome
12/14	<b>JIMMY ARMSTRONG</b> , brother of Siobhan Armstrong	12/29	<b>PAULINE FUCHS</b> , daughter of Carolin Fuchs & Rene Groth
12/15	<b>COLETTE WAINWRIGHT</b> , sister of Katherine Sall	12/30	<b>KELLY ERIN GRAVES</b> daughter of Gail Graves
12/15	<b>JEFFREY VANCHIRO</b> , son of Sylvester (Sly) Vanchiro	12/31	<b>IAN BOSIN</b> , son of Judy Neustadter
12/15	<b>JOSE SANFORD</b> , son of Yolanda Rosado Ortiz & Gloria Perez	12/31	<b>LIAM ARDEN</b> , son of Esther and Patrick Arden
12/16	<b>DARIA NORTON</b> , daughter of Charlotte Savino & Lee Norton		
12/18	<b>ALEX BIBLER</b> , son of Lindsay Bibler		
12/18	<b>ARON LINDELL</b> , son of Julie Lindell		



THE COMPASSIONATE FRIENDS CHAT SCHEDULE. <a href="#">Click here to display exact times and to see entire schedule</a>				<b>The Compassionate Friends National Office</b> 48660 Pontiac Trail #930808, Wixom, MI 48393 Toll Free (877) 969-0010 www.compassionatefriends.org email:nationaloffice@compassionatefriends.org
ET	MORNING	EARLIER EVENING	LATER EVENING	
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings	<b>WE NEED NOT WALK ALONE</b> <b>TCF Online National Magazine</b> <a href="#">Click here for Information</a>
TUE		Loss to Substance Related Causes First time CHAT orientation	Bereaved less than 2 yrs Bereaved more than 2 yrs	
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings	<b>MARK YOUR CALENDARS!</b> Our next Chapter meetings are the 3rd Tuesday of each month: <b>NOV 21 DEC 19 JAN 16 FEB 20</b>
THU		No Surviving Children First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings	
FRI	General Bereavement Parents/Grandparents/Siblings	Pregnancy/Infant Loss	General Bereavement Parents/Grandparents/Siblings	<b>Newsletter article submissions are welcome.</b> Please email to <a href="mailto:marielevine2@verizon.net">marielevine2@verizon.net</a>
SAT			General Bereavement Parents/Grandparents/Siblings	
SUN		Suicide Loss	General Bereavement Issues Parents/Grandparents/Siblings	<b>MAKE A DONATION</b> <a href="#">Click here to Donate to the Manhattan Chapter</a>

### OUR COMPASSIONATE FRIENDLY NEIGHBORS

Babylon	1st Friday	(516) 795-8644	Rockville Centre	2nd Friday	(516) 766-4682
Bronx	2nd Tuesday	(914) 714-4885	Rockland County	3rd Tuesday	(845) 398-9762
Brookhaven	2nd Friday	(631) 738-0809	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Brooklyn	3rd Wednesday	(917) 952-9751	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Flushing	3rd Friday	(718) 746-5010	Syosset (Plainview)	3rd Friday	(718) 767-0904
Manhasset	3rd Tuesday	(516) 466-2480	Twin Forks/Hamptons	3rd Friday	(646) 894-0317
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389
Medford	2nd Friday	(631) 738-0809			

### PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

#### 24/7 PRIVATE FACEBOOK GROUPS

[TCF – Loss of a Child](#)  
[TCF – Loss of a Stepchild](#)  
[TCF – Loss of an Only Child/All Your Children](#)  
[TCF – Multiple Losses](#)  
[TCF – Daughterless Mothers](#)  
[TCF – Men in Grief](#)  
[TCF – Bereaved LGBTQ Parents with Loss of a Child](#)  
[TCF – Bereaved Parents with Grandchild Visitation Issues](#)  
[TCF – Loss to Miscarriage or Stillbirth](#)  
[TCF – Infant and Toddler Loss](#)  
[TCF – Loss of a Child 4 -12 Years Old](#)  
[TCF – Loss of a Child 13-19 Years Old](#)  
[TCF – Loss of an Adult Child](#)  
[TCF – Loss of a Child with Special Needs](#)

[TCF – Loss of a Grandchild](#)  
[TCF – Grandparents Raising their Grandchildren](#)  
[TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild](#)  
[TCF – Loss to Long-term Illness](#)  
[TCF – Loss to Cancer](#)  
[TCF – Loss After Withdrawing Life Support](#)  
[TCF – Loss to Mental Illness](#)  
[TCF – Sudden Death](#)  
[TCF – Loss to Suicide](#)  
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The Compassionate Friends  
c/o Sally Petrick - Treasurer  
945 West End Ave Apt 2B  
New York, NY 10025

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